#### February 2022

#### **Berkeley Buddhist Temple Newsletter**

#### **Web-Edition**

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#### **Guidelines:**

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

Email submissions to padma@BerkeleyBuddhistTemple.org.

# FEBRUARY 19<sup>th</sup> DAY OF REMEMBRANCE

See announcements of DOR events beginning on page 9.



Welcome 2022 – The Year of the Tiger

Our Vision

A Community Where Our Spiritual Life And True Self Can Be Realized

Our Mission

To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# February 2022

# the Padma



BERKELEY BUDDHIST TEMP	PLE	2121 CHANNING WAY, BERKELEY, CA 94704				
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
			<b>7:00p</b> Virtual Meditation			
6	7	8	9	10	11	12
9:30a Virtual Dharma Family & Shotsuki Memorial		<b>7:00p</b> Board of				
Service 10:15a Virtual Yoga		Director's Meeting				Padma Articles Due
9:30a Virtual Dharma	14	15	16	17	18	19
Family Service		Padma Newsletter Production	<b>7:00p</b> Virtual Meditation			
20	21	22	23	24	25	26
9:30a Virtual Dharma Family Service				6:30p Dharmanar		
10:15a Virtual Yoga						
9:30a Virtual Dharma	28			_	Buddhist Temple (51	
Family & Dana Day Service				info@ faceboo	rkeleybuddhisttemplo berkeleybuddhistten k.com/berkeleybuddl	nple.org histtemple
					e.com/berkeleybuddh	<del>-</del>



# **Dates to Remember**

J A	Thu <b>27</b> Jan	Virtual BBT Dharmanar (Online Study Session; Topic: Shinjin)
N U A R Y	Fri <b>28</b> Jan	Virtual College Welcome Night
F E	Wed <b>2</b> Feb	Virtual Evening Meditation & Discussion
B R	Sun <b>6</b> Feb	Livestream Shotsuki Memorial Service Virtual Yoga
U - A R _	Wed <b>16</b> Feb	Virtual Evening Meditation & Discussion
Y	Sun <b>20</b> Feb	Livestream Shotsuki Memorial Service Virtual Yoga
	Thu <b>24</b> Feb	Virtual BBT Dharmanar (Online Study Session; Topic TBD)
	Sun <b>27</b> Feb	Livestream Dana Day Service

# Evening Meditation & Discussion





Wednesdays: 1/5, 1/19, 2/2, 2/16, 3/2, and 3/16, 2022

7 - 8PM

Zoom

RSVP:

https://sanghaevents.info/ meditation

Questions:

info@berkeleybuddhisttemp le.org (510)841-1356

Join us for an evening of silent meditation led by our minister, Rev. Kuwahara. Everyone is welcome and no prior experience needed. We will have a short discussion after.

# Virtual Tera Yoga





Sunday: 1/16, 2/6, 2/20, 3/6, and 3/20, 2022

Immediately after the service

Zoom

No sign up required

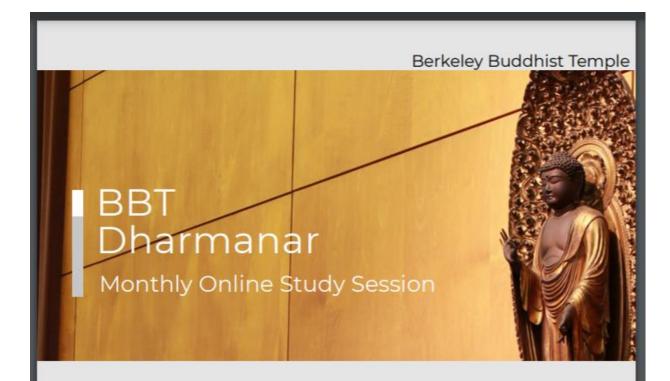
Join on zoom:

https://sanghaevents.info/yoga

#### Questions:

info@berkeleybuddhisttemp le.org (510)841-1356

Join us for a gentle yoga session by Hitomi Kuwahara that you can do while sitting on a chair or couch without a yoga mat. No experience or registration needed. Everyone is welcome!



January 2022 TOPIC

## 信心 - Shinjin -

Join us for BBT's monthly study session. January's topic is "Shinjin (信心)". Rev. Kuwahara, Rev. CJ, and Tanis Moore will give their presentations from their own perspective. Then we will discuss it after.

Thu. JAN 27, 6:30 - 8PM

RSVP here:

https://sanghaevents.info/dharmanar



www.berkeleybuddhisttemple.org



#### Fri. January 28th @6:00PM

All are welcome!

This is a **zoom** event to welcome college aged young people to the temple.

There will be a short service, introductions, an ice breaker led by Berkeley Nikkei Student Union and then games with prizes! Hope you can join us!

#### Sigh up here:

https://sanghaevents.info/collegenight

Berkeley Buddhist Temple
2121 Channing Way, Berkeley CA 94704
1(510)-841-1356
info@berkeleybuddhisttemple.org

berkeleybuddhisttemple.org



#### BERKELEY BUDDHIST TEMPLE

## Satsuki Bazaar Sunday, May 22, 2022!

#### 3 Ways to Participate!

- Bento Dinner for Purchase: A tasty bento and drive through pick up! Stay tuned for menu, pricing and pick up options in early May.
- 2. Keiro Bento Delivery: We will be reaching out to BBT keiro in early May for orders to be delivered. Please email: bbt.bazaar.rmcguire@gmail.com if you would like to volunteer as a driver!
- 3. Online Fundraiser: We are seeking to raise an additional \$40,000 for BBT operational expenses in 2022. The campaign will run from March 1, 2022 May 21, 2022. The link to donate to the fundraiser will be available by March 1, 2022!

#### Online Fundraiser - Suggested Giving Levels

Gratitude Level: \$50 and under

Metta Level: \$51-\$125 (average Bazaar expenditures)

Dana Level: \$126-\$350

Three Treasures Level: \$351-\$500 Golden Chain Level: \$501-\$1,000+

THANK YOU!

# February – Day of Remembrance

The following was clipped from this Wikipedia page: <u>Day of Remembrance (Japanese Americans) - Wikipedia</u>.



This year marks the 80<sup>th</sup> anniversary of the signing of Executive Order 9066, which gave the military the authority to ban American citizens of Japanese ancestry and Japanese resident aliens from large areas of the west coast and to transport them to inland holding areas.

The Berkeley Buddhist Temple and the Community Outreach Committee invite interested members to consider the following commemorative events:

- February 12<sup>th</sup>: Interfaith Vigil of Remembrance and Solidarity
- February 19th: San Francisco Bay Area Day of Remembrance 2022
- February 17<sup>th</sup> thru June 30<sup>th</sup>: Bancroft Library Gallery Exhibit "Uprooted; the Incarceration of Japanese Americans"

See the fliers on the following pages for details.



# An Interfaith Vigil of Remembrance and Solidarity: Saturday, Feb 12, 11:00am -12:15pm

Join us on Saturday, Feb 12, 11am to commemorate the 80th Anniversary of Pres. Franklin Delano Roosevelt's Executive Order 9066 that led to the mass incarceration of Japanese Americans. It will be a time to remember that Executive Order; and to stand in solidarity with: 1) the call for reparations for African Americans; and 2) the Stop AAPI Hate (Love AAPI Lives) movement

The vigil is co-sponsored by:

- \*\* Interfaith Movement for Human Integrity
- \*\* Buena Vista United Methodist Church
- \*\* Berkeley Buddhist Temple
- \*\* Oakland Buddhist Church
- \*\* Tsuru for Solidarity
- \*\* San Francisco Day of Remembrance Committee
- \*\* Faith Alliance for a Moral Economy

Please share with others who would be interested in joining us! bit.ly/RemembranceVigilFeb12-RSVP

# Bay Area Day of Remembrance 2022 NO ONE IS FREE UNTIL WE ARE ALL FREE

80 Years after E.O. 9066

#### Saturday, February 19, 2022 5:00-6:30 PM PST Virtual Zoom Event

Information will be posted soon: www.njahs.org

#### **PROGRAM**

Keynote Speaker:

Jon Osaki

Filmmaker of "Reparations" and Executive Director, JCYC

Emcee:

Lauren Ito

Community Organizer, Poet, Artist

Clifford I. Uyeda Peace & Humanitarian Award: Karen Kai & Robert Rusky (posthumous)

Virtual Candlelighting Ceremony

Interfaith Benediction:

Japanese American Religious Federation (JARF)

For more info: www.njahs.org (415) 921-5007 njahs@njahs.org

#### The Bancroft Library UNIVERSITY OF CALIFORNIA | BERKELEY, CA 94720-6000

#### SAVE THE DATE! INVITATION TO FOLLOW.

BOOK TALK: Best-selling author Daniel James Brown (*The Boys in the Boat*) and oral historian Tom Ikeda (Densho) discuss *Facing the Mountain*, Brown's new book on Japanese American incarceration during World War II and the young soldiers of the 442nd Regimental Combat Team.

February 17, 2022 4 p.m. in the Morrison Library University of California, Berkeley

Tickets: \$250 per person Live streaming: \$50

Space in the Morrison Library is limited. Upon request, formal printed invitations will be mailed in early January to your preferred mailing address.

For more information, contact friends@library.berkeley.edu.

#### THE BANCROFT LIBRARY GALLERY PRESENTS

### **UPROOTED**

#### THE INCARCERATION OF JAPANESE AMERICANS

#### FEBRUARY 17 THROUGH JUNE 30, 2022

February 19, 2022 marks the 80th anniversary of Executive Order 9066, authorizing the forced evacuation of all persons of Japanese descent, including American citizens, from their homes on the West Coast to "assembly centers" and incarceration camps during World War II. The Bancroft Library Gallery exhibition tells some of the stories of that traumatic time before, during, and after the war. It is structured as an interplay between official government directives—executive orders, mandatory forms, official photographs—and the response of Japanese Americans through their drawings, diaries, letters, scrapbooks, reminiscences, and political action. The exhibition draws from Bancroft's diverse and rich range of collections related to the incarceration of Japanese Americans during WWII, much of which has been digitized and is available online.

THE BANCROFT LIBRARY GALLERY is open 10 a.m. to 4 p.m., Monday through Friday, excluding holidays. On February 17, the Bancroft Gallery will be open 10 a.m. to 6 p.m. Please call 510-642-3782 or visit bancroft.berkeley.edu for more information.

THE BANCROFT LIBRARY attempts to offer programs in accessible, barrier-free settings. If you require accommodations or have questions about an event, contact Diana Vergil: dvergil@berkeley.edu, 510-642-3782.

Image: Dorothea Lange, Families of Japanese ancestry with their baggage at railroad station awaiting the arrival of special train which will take them to the Merced Assembly Center about 125 miles away; Woodland, California, 1942. The Bancroft Library, University of California, Berkeley, BANC PIC 1967.014. WRA no. C-492

# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

**Sunday, February 6, 2022** 9:30 am

Live Stream only: <a href="https://www.berkeleybuddhisttemple.org/dharma-live">https://www.berkeleybuddhisttemple.org/dharma-live</a>

The following persons will be remembered

during the Shotsuki Hoyo (monthly memorial service) for February.

Toshiyo Adachi	Rose Michie Ikeda	Kameo Nakamura
James Asami	Shintaro Imazumi	Kujuro Nishimoto
Ofui Baba	Shigeichi Iwasaki	Kozo Nitta
Machiko Yamada Barber	Michiye Izumi	Chise Nitta
Donald Phillip Delcollo	Saki Jio	Haruko Okawa
Hanae Doi	George Teruo Kagawa	Kazuo Onitsuka
Shizuyo Doi	Junichi Kami	Tsutano Ouye
Sakuichi Egawa	Jiro Kato	Steve Sasaki
Amy Melissa Erickson	Kiyoko Kato	Gary Hiroshi Sasaki
Nicholas Fernandez	Tsuto Kawakami	Faith Sasaki
Arata Fujikawa	Tamai Kenyon	Elaine Emiko Sato
Masako Fujikawa	Matsuji Kikawa	Mary Hifuno Suto
Sugino Fukumori	Mary Teruko Kurokawa	Hirao Tabuchi
Taro Fukumori	Yunosuke Kusayanagi	Shizue Tabuchi
Sawae Sandy Futatsuki	Chiyoko Matsunaga	Yoshiko Katayanagi Takahashi
Sadako Hammonds	Grace Shizuko Matsuoka	Kenji Takamoto
Masako Hayashida	Misako Matsuoka	Shizutoshi Takeda
AshNoi Hirahara	Mokutaro Morimoto	Tsuneyo Takita
Kinji Hiramoto	Yoshitaro Morishita	Jennifer Sayuri Tasaka
Sannosuke Hiraoka	Uta Morishita	Ruth Matsumoto Uchiumi
Norman Hirose	Emiko Morishita	Ichiro Yamasaki
Chiyeko Hori	Taki Morishita	Kasumi Yonekura
Denzo Horiike	Edwin Akiyoshi Mutobe	Yoshio Harry Yoshimura
Koichi Ichiyasu	Sadao Nakagaki	Yasu Yoshiura
Takeko Ikeda	Harry Yoshito Nakahara	Nobuko Yoshiura

Note: If there are any additions, corrections, or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

#### **Moving Forward in the Light of Amida Buddha**

by Rev. Kuwahara



I hope you have had a good start to the year 2022. As a minister of the Berkeley Buddhist Temple, I would like to express my deepest appreciation for your support in the last year. Although we still have many complications and uncertainties ahead of us due to the corona virus, let's do our best and move forward!

In the January issue of the BCA Wheel of Dharma, there was a New Year's greeting by Monshu Kojun Ohtani, the 25<sup>th</sup> spiritual leader of our Jodo Shinshu Hongwanji-ha tradition and a direct descendent of its founder, Ven. Shinran (1173-1263). Monshu Ohtani mindfully observed the current situation of the world and showed us the direction in which we Jodo Shinshu Buddhists should head. Regarding

the issues of divide and tension that in many places in the world today, he said:

...we cannot see the truth because we are too attached to our own thought. Therefore, it is only natural that conflicts and divisions come about in a society in which those who, like us, fundamentally self-centered beings, act in accordance based on one's own thought.

When Prince Gautama Siddhartha, who later became Shakyamuni Buddha, left home for his spiritual quest, his goal was to find a path to solve or deal with suffering and issues that we humans inevitably confront. His conclusion was that these issues were essentially caused by our own ignorance and self-centeredness. Because of this, it is important in Buddhism that we each look deeply and humbly within ourselves when confronting issues and difficulties, before accusing or correcting others. Monshu Ohtani's words reflect this Buddhist approach.

In the second half of his New Year's message, Monshu Ohtani pointed out the significance of Amida Buddha's light. To see things, our eyes need light. In the same way, to look within ourselves, we need spiritual light to truly see ourselves. In Buddhism, wisdom is compared to light. Amida Buddha's wisdom is the light that helps us see ourselves. As we truly listen to the teachings, we become aware of who we really are and how we actually live our everyday lives, under the influence of our selfcenteredness and ignorance. In the light of wisdom and with Amida Buddha's guidance, we begin to understand the causes of issues and difficulties, which is the first and foremost step to moving forward.

Amida Buddha's light not only allow us to see ourselves, it is the light that breaks the rigid shell of our self-centeredness and lifts the darkness of our ignorance. To me, it is like a lighthouse in the nighttime. A ray of light from a lighthouse penetrates the darkness and shows us the way. So does Amida Buddha's light!

In the same issue of the Wheel of Dharma was Bishop Harada's New Year's greeting. He spoke of the BCA's theme for 2022, "Moving the Dharma Forward". It is my sincere hope that we will move forward in 2022 with the guidance of Dharma and in the light of Amida Buddha.

In gassho (palms together), Rev. Kiyonobu Kuwahara



"Isn't it about time you got out of bed, dear?" said my husband. "it's nearly noon."

"Get out of bed?" I sighed. "Why, when I don't see Covid ever ending? "

"The epidemiologists say that this will probably be the last year."

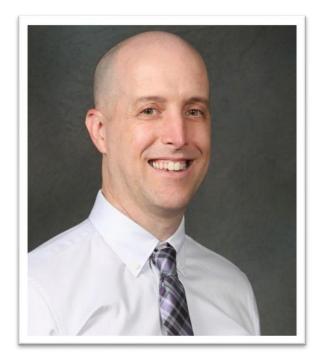
"They said that on New Years Day of 2021! Then there was the delta variant. And now there's the omicron variant, and here we go again. Three hour lines at testing centers. Hospitals crammed with Covid cases. Just last night they told us there are two active cases in residents at this assisted living facility; and I suspect that one of them is Annie Niemand who lives right down the hall because this is the first day in six weeks that she hasn't spent sitting in the laundry room watching the dryers spin. This morning they say there's a member of the staff out sick with Covid. I'm afraid this is only the beginning, and I see no end! Besides, omicron is one of the most contagious diseases known, and it crashes through the immune system like a SWAT team breaking down doors. I'm 75 years old with several health problems. Covid won't end in my lifetime if it abbreviates my lifetime."

"Don't catastrophize! You're vaccinated and boosted. The doctors say that vaccinated and boosted patients with breakthrough omicron cases almost always have mild cases; they're rarely hospitalized and hardly ever end up dead."

"They define mild cases as anything short of landing in the hospital. You can feel horrible for days, you can maybe get long Covid and be disabled for months, and they call it a mild case. Not dying might not be much consolation. I'm sick of worrying about this virus. I'm sick to death of this virus, period, and it doesn't seem to care! It's been two years and it won't end! It'll never end!"

"Yes it will," said the Buddha, suddenly appearing on my bookshelf. "Didn't I teach you that all things are impermanent? All things, whether you love them or hate them. Covid 19 may not entirely disappear, but the epidemic phase will end."





I am grateful to have served at Berkeley Buddhist Temple as a Minister's Assistant for the past three years. As you may know, I relocated to Berkeley in 2019 to pursue my master's degree at the Institute of Buddhist Studies. After a year of in-person learning, the pandemic shifted our services and my studies online. One benefit of this change was that I was able to continue at BBT and IBS even after I physically moved back to my home in the San Fernando Valley. Having completed my IBS studies this past fall, it is now time for me to leave BBT as well.

I appreciate being able to stay connected with Berkeley during the pandemic, where we have had many engaging talks and discussions about the challenges our country and world has faced. We also challenged ourselves to explore the meaning of

Sangha in the virtual realm. There have been periods where I yearned to see everyone back inside our temple and social hall again, but we did our best given the conditions. Newcomers who were not able to visit Berkeley in person could participate online, allowing the Dharma to flourish beyond our physical boundaries.

Do you consider the Dharma beyond our temple boundaries? I like to ask people this question because I am always curious about life circumstances that make us think of the Buddhist teachings. The most common response I receive is that people think of the teachings during times of stress and loss. They turn to the teachings to calm down, heal, or give themselves a different perspective. These responses are great lessons for me, because to be honest, during stressful times, the main thing on my mind is myself! When I'm happy, I think of the teachings all the time, but when I'm troubled, I only deeply consider the teachings when I'm forced to, like when I need to prepare a Dharma talk, or when members and ministers knock me out of my ego cocoon with their insights. Then I finally learn something that changes my view.

I've warmly received your messages and words of encouragement after my talks because I know that you understand the Dharma better than me. Despite my studies, I'm not attaining all this great wisdom to transmit to the Sangha. I'm just a very remedial Dharma student and I need all the help I can get.

So thank you very much for your help! Thank you to Rev. Kuwahara, Bradley Menda, Tara Umemoto, and the BBT Board for your support. I look forward to visiting Berkeley Buddhist Temple in the future so we can continue to share the Dharma together.

Berkeley Buddhist Temple

# Dharma School Newsletter

February 2022



Irene Sensei's beautiful Bodhi Day "Three Treasures Gems" displayed in the classroom before being distributed to the sangha.



Students like Hiroto helped to hand out as many Three Treasures Gems as possible during our January in-person services.

# Dharma School Responding to COVID & AB506

Out of an abundance of caution, the Dharma School will return to Zoom classes for the entire month of February. We will continue to confer with the Temple COVID Committee on a month-to-month basis as the pandemic situation develops.

In response to California Assembly Bill 506, which require youth service organizations to comply with the state's child abuse prevention laws, the Dharma School Staff will work this semester on updating our policies and training.

#### **February Calendar**

Note: Please refer to this monthly calendar. Use this email if you need the Zoom link: bbtdharmaschool@gmail.com.

2/6/2022	Zoom	DFS/February Shotsuki	Regular Dharma School Classes
2/13/2022	Zoom	DF Service / Nirvana Day	Regular Dharma School Classes
2/20/2022	Zoom	DF Service	Regular Dharma School Classes
2/27/2022	Zoom	DF Service / DFS – High School class leads the Dharma Family Service	Regular Dharma School Classes (HS joins the younger class)



# **Membership & Toban**

**Membership Pledges** (Receiving Period: 12/17/2021 – 1/14/2022)

The temple would like to gratefully acknowledge the following members for their generous contributions:

#### 2021:

Grant Din & Rosalyn Tonai, Don & Joanie Hamasaki, Masako Hane, Dale Haratani, Julie Kono & Ron Manning, Art Nishimura, Emiko (Amy) Ota, Dennis Sakurai, Helen & Craig Tagawa, Mieko Taketa, David & Emily Ushijima, Lena & George Yin

#### 2022:

Lorin & Aaron Bond, Courtney & Darren Fujikawa, Detlev Gempf & Lorraine Nobuye, Tony Hale & Stacy Uyeda, Don & Joanie Hamasaki, Yo Hiraoka, Sara Jotoku & Paul Nolan, Mimi & Ron Kagehiro, Michiko Kubota, Takashi & Millie Nikaidoh, Edythe Vassall

If you have any questions, please contact Mimi Kagehiro at <a href="mailto:membership@berkeleybuddhisttemple.org">membership@berkeleybuddhisttemple.org</a> or 510-841-1356.

# **TOBAN**

#### Coordinators - Lena Yin & Pat Takeda

February	March
Chair - Caroline Fernandez Cochair - Miki Adachi Cochair - Evelyn Nakano Glenn  Adachi, Miki Dunford, CJ Fernandez, Willie & Caroline Glenn, Evelyn Nakano Hirahara, Alan *Kashiwagi, Sadako Lewis, Dii & Joyce Oishi *Matsubara, Don & Fumi Matsumoto, Rev David & Diane Matsuoka, Pam Menda, Bradley & Myron Jung *Nakashita, Chizuko Nehira, Jimmy & Janie Okamura, Dennis & Mary *Siebold, Bill *Yamauchi, Norma	Cochair - Tony Hale Cochair - Scott Wakida  *Adachi, Dick Akiyama, Devon Fisher, Rebekka (MN) Fukumori, Noreen Gabriel, Susan Hale, Tony & Stacy Uyeda Ide, Ritsuko Kamimura, Yoshio & Junko Kaneko-Jones, Cathy Masuda, Rev Will & Kiyo Nishihara, Alan Sugihara, Mark Sugihara, Wayne *Taketa, Mieko Umemoto, Tara Wakida, Scott & Sheila

<sup>\*</sup> Denotes disabled and/or elderly. Toban duty optional.

#### **Services and Information**

#### **Berkeley Buddhist Temple**

#### **Services**

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

#### **Special Services**

January 1	Gantan-e	New Year's Day
Service		·
February	Nehan-e	Nirvana Day
March	Ohigan	Spring Equinox
April	Hanamatsuri	Flower Festival
May	Gotan-e	Birthday of Shinran
July	Kangi-e	Obon
September	Ohigan	Autumn Equinox
November	Hoonko	Shinran Shonin
Memorial		
December	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

#### **Dharma School**

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

#### **Monthly Discussions**

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

#### **Visitor Information**

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

#### **Membership Information**

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a <u>Membership Form</u>, have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our



Registration page, or contact our Membership Chair.

#### **Berkeley Buddhist Temple**

2121 Channing Way Berkeley, CA 94704

Office Hours Monday – Friday 10:00am – 1:00pm

510-841-1356

info@berkeleybuddhisttemple.org berkeleybuddhisttemple.org facebook.com/berkeleybuddhisttemple youtube.com/berkeleybuddhisttemple