

March 2023

Berkeley Buddhist Temple Newsletter

Web-Edition

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Guidelines:

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

Email submissions to padma@BerkeleyBuddhistTemple.org.



Links: Readers may have noticed, the graphics in this newsletter are all image files. Embedded links in flyers are not active and this can be frustrating. To mitigate this issue, we are listing the referenced links below.

- BBT Website
- BBT Spring Seminar Sign Up
- CBE Registration The Benefits of a Life of Gratitude
- CBE Registration "Shinjin"
- Grateful Crane "Sentimental Journey" tickets

Our Vision

A Community Where Our Spiritual Life and True Self Can Be Realized

Our Mission

To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

March 2023

the Padma

BERKELEY BUDDHIST TEMPLE 2121 CHANNING WAY, BERKELEY, CA 94704						
SUN	MON	TUE	WED	THU	FRI	SAT
Berkeley Buddhist Templ berkeleybuddhistt info@berkeleybuddhi facebook.com/berkeleyb youtube.com/berkeleyb	emple.org isttemple.org ouddhisttemple		7:00p Meditation & Discussion	2	3	4
9:30a Virtual & In-person Dharma Family & Shotsuki Memorial Service 10:30a Virtual Yoga 11:30a Buddhist Education Class 1:30p Taiko Class	6	7	8	9	10	11
No Service at BBT 10:00a Virtual & In-person BCA BD 850 800 Service (@Palo Alto Buddhist Temple) 1:30p Taiko Class	13	7:00p Board of Director's Meeting	7:00p Meditation & Discussion	16	17	18 Padma Articles Due 3:00p BBT Spring Seminar w/ Bishop Harada
9:30a Virtual & In-person Dharma Family & Spring Ohigan Service/ Kieshiki Ceremony 11:30a Buddhist Education Class 1:30p Taiko Class	20	Padma Newsletter Production	22	23	24	25
9:30a Virtual & In-person Dharma Family Service 1:30p Taiko Class	27	28	29	6:30p Dharmanar	31	



Future Dates to Remember

	Wed	Virtual
M	1 Mar	Meditation & Discussion
A R C H	Sun 5 Mar	Livestream & In-person Shotsuki Memorial Service Virtual Yoga Buddhist Education Class
**	Sun 12 Mar	Livestream & In-person BCA Bay District 850,/800 Anniversary Service (at the Palo Alto Buddhist Temple)
	Wed 15 Mar	Virtual Meditation & Discussion
	Sat 18 Mar	Livestream & In-person BBT Spring Seminar, Bishop Marvin Harada, Speaker "Resolving Life's Problems Through Buddhism"
	Sun 19 Mar	Livestream & In-person Spring Ohigan Service Kieshiki Affirmation Ceremony * Ohigan Potluck Buddhist Education Class
	Thu 23 Mar	Virtual BBT Dharmanar (Details TBA)

* Spring Ohigan Service & Potluck

Sun. March 19 after the service

Join us in celebrating the Spring Equinox.

Please check your toban month for your lunch offering and tasks.

Jan, Feb - Salads Jan - Serve
March - Onigiri & Rice Dishes Feb - Set Up
All Other Months - Main Dishes March - Clean Up

Spring Ohigan luncheon will be in BBT Social Hall. Please bring lunch offerings to Social Hall kitchen.



Berkeley Buddhist Temple

UPCOMING EVENTS

MAR 1, 15

WED, 7:00 - 8:00 PM

Sign up at: https://sanghaevents.info/meditation

MAR. 5

SUN AFTER THE SERVICE

Join on zoom: https://sanghaevents.info/yoga

MEDITATION & DISCUSSION

Join us for an evening of online silent meditation led by our minister, Rev. Kuwahara. Everyone is welcome and no prior experience needed. We will have a short discussion after. All are welcome!

VIRTUAL YOGA

Join us for a gentle yoga session by Hitomi Kuwahara that you can do while sitting on a chair or couch without a yoga mat. No experience or registration needed. Everyone is welcome!

2121 Channing Way, Berkeley, CA 94704 info@berkeleybuddhisttemple.org www.berkeleybuddhisttemple.org/

Berkeley Buddhist Temple Spring Seminar

Resolving Life's Problems Through Buddhism

Saturday, March 18 3:00 - 5:00 pm

Hybrid Format

In-person Lecture at BBT

Virtual participation on Zoom

Sign up here



Speaker: Rev. Marvin Harada Bishop of Buddhist Churches of America

Please contact BBT office for details: info@berkeleybuddhisttemple.org

BCA Bay District 850|800 Service

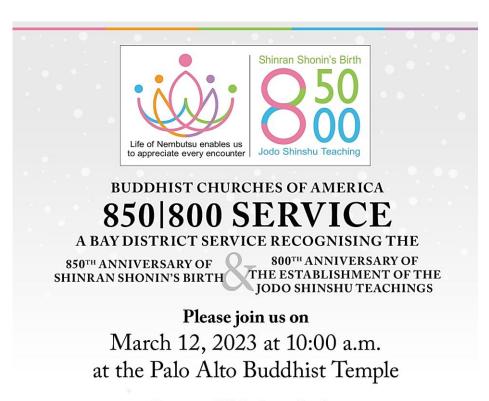
The Buddhist Churches of America, Bay District will be conducting the Joint Services of the 850th Anniversary of Shinran Shonin's Birth & the 800th Anniversary of the Establishment of Jodo Shinshu Teachings on March 12, 2023 at the Palo Alto Buddhist Temple from 10 AM.

The BCA Bishop, Rev. Marvin Harada will be the officiant and in attendance will be all the Bay District Ministers from the nine Bay District Temples. While we are encouraging in-person attendance, the service will also be streamed via Zoom. After the service, we will break into smaller groups for Dharma sharing, activities for the Dharma School students and the Jr. Young Buddhist Adult groups.

Bento lunch is available to preorder and the BBT will provide bus transportation.

You can sign up here: https://sanghaevents.info/850 800

Donations will be gratefully accepted online at bca.kindful.com or by check payable to BCAEF (with BD 850/800 in the memo). Proceeds will go to the BCA Dharma Forward Campaign. Donations can be sent to the Palo Alto Buddhist Temple at 2751 Louis Road, Palo Alto, CA. 94303 prior to the service or collected that day.



Participating BCA Bay District Temples:

Buddhist Temple of Alameda
Berkeley Buddhist Temple
Enmanji Buddhist Temple
Buddhist Temple of Marin
Buddhist Church of Oakland
Palo Alto Buddhist Temple
Buddhist Church of San Francisco
San Mateo Buddhist Temple
Southern Alameda County Buddhist Church

Donations are gratefully accepted online at bca.kindful.com or by check payable to BCAEF (with BD 850/800 in the memo) | Palo Alto Buddhist Temple • 2751 Louis Road • Palo Alto, CA 94303 Proceeds will go to the BCA Dharma Forward campaign.

BBT Kieshiki Sarana Affirmation Ceremony

It is our great pleasure to announce that the Berkeley Buddhist Temple will hold a *Kieshiki Sarana* Affirmation Ceremony on Sunday, March 19th, in conjunction with the Spring *Ohigan* Equinox Service. The ceremony will be officiated by Rev. Marvin Harada, Bishop of the Buddhist Churches of America.

This is an important ceremony in which the participants (or their guardians) affirm their commitment to live as Buddhists. Along with the commitment to the Three Treasures, participants receive a Buddhist name, *Homyo* in Japanese.

In the Jodo Shinshu Buddhist tradition, the *Homyo* consists of two Chinese characters, (*kanji*). Rev. Kuwahara will offer a list of possible Chinese characters and help applicants make a meaningful choice. At the *Kieshiki Sarana* Affirmation Ceremony, participants will receive a certificate issued by the Bishop's Office which includes an explanation of the given Buddhist name.



Sample of Certificate (letter size)

We invite all pledged members of the Berkeley Buddhist Temple, and their children, to take this precious opportunity to enrich life as a Buddhist by receiving a Buddhist name. If you are interested, please fill out the online form: https://sanghaevents.info/kieshikii. The deadline for requests is February 28th, 2023. In response, we will email an application packet to you, and Rev. Kuwahara will contact you to help you select your Dharma name. We also ask for a \$35.00 donation to support this ceremony.

If you have any questions, please contact the BBT office: info@berkeleybuddhisttemple.org.

Note: For those who applied to be part of the Kieshiki ceremony in 2020, which was cancelled due to the Covid lockdown, your original application will be used. We will contact you to confirm your participation.



Minister's Message by Rev. Kuwahara



"Brief Dharma Encounters in Japan"

I was in Japan for nine days, from January 24th to February 2nd, to attend meetings at the Hongwanji and Ryukoku University. This was my first visit to Japan in three and half years due to the COVID-19 pandemic. While in Japan, I saw my parents, siblings, and friends, and, of course, I enjoyed great food! The trip provided spiritual nourishment as well.

As you know, there are many Buddhist temples in Japan. Many of these temples have a bulletin board at the entrance on which a schedule and sometimes a short Dharma phrase are posted. I like these short Dharma phrases. To attract people's attention, some are very humorous and unique. Others carry very profound messages in concise form. I encountered several of these during my

short stay in Japan.

At my friend's temple in Hiroshima I found this short phrase by Rev. Ryojin Soga, a scholarly priest of the Higashi Honganji tradition. My English translation is on the right:

In the Pure Land, they don't need words.

にんげん せかい ことば ひつよう せかい

人間の世界は言葉の必要な世界である In the human world, they need words.

じごく ことば つう せかい 地獄は言葉の通じぬ世界である

In hell, they don't understand words.

Let me share my interpretation, beginning with the last line. Beings in the hell do not listen to others, nor do they try to understand others. This is because they think, "I know better than them" or, "I am right, and they are wrong." Anything others say is obscured by this thinking. As a result, beings in hell experience conflict and difficulty all the time. Does this sound like our everyday life?

The second line talks about the human world. According to Buddhist understanding, beings in the human world, unlike those in the hell, are able to communicate with others by means of language. Although each of us is different, when we are attentive and listen patiently to each other, we can avoid or reduce conflicts. In other words, it is our ability to consider the words of others that distinguishes us as human rather than as beings in hell.

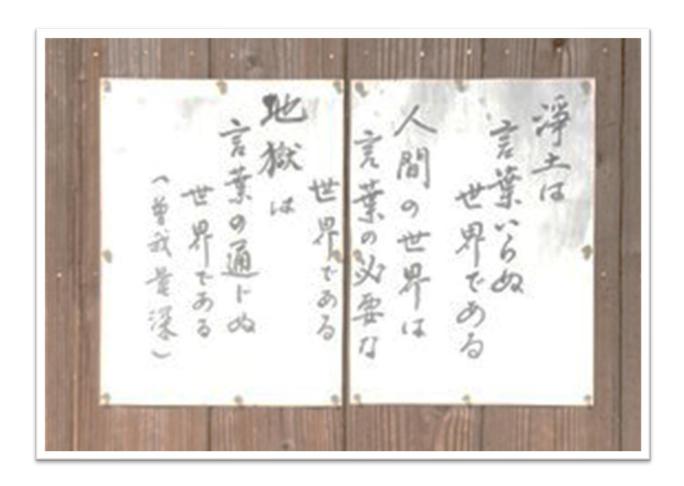
The first line is about the Pure Land, the realm where all beings have attained Buddhahood. What does that mean? To attain Buddhahood means to see things as they are without any prejudice or self-centered views. Those who have attained Buddhahood see things

clearly and in the same way. They are on the same page with one another, and words are no longer necessary to explain or reconcile the differences among them.

It is quite difficult to achieve such a state of clear understanding in this human world. However, this short Dharma phrase reminds me that this is the direction I should go. As Pure Land Buddhists, this is the state that we will all eventually reach. This short phrase also cautions me not to fall into the hell in which I become incapable of understanding the words of others.

In gassho (palms together),

Rev. Kiyonobu Kuwahara



"Surprise!" said Mara the Evil One, materializing as I lay moaning with my heating pad. "You're in such a dark, bitter mood that it has attracted me!"

"I'm entitled to a bad mood! I have a backache, and the last thing I need is you!" I snapped. "Will you please scram unless you can find the acetaminophen? I can't find the [expletive deleted] acetaminophen!"

"You left it in the refrigerator with your exercise bands," said Mara. "The bands are for your physical therapy exercises, aren't they? Why do them? They're not doing you any good!"

"If you are trying to discourage me, they must be worthwhile. So it won't work!" I replied. "See, I'm doing my hamstring stretches! Now go to Hell!"



"I won't! It's too boring at home. Nothing ever changes there. These days I prefer to hang out in Ukraine or Yemen. But face it, you're really depressed about your back. So why don't you find somebody to blame?"

"Somebody to blame?"

"Yes! In this diverse society, you have lots of choices. To be fashionable, you can blame the undocumented. And there are always black people, brown people, Asian-American people. Did I mention the LGBTQ set? Or you can follow European tradition and blame the Jews!"

"For a backache?"

"If some people can blame Asian-Americans for Covid, you can blame the Jews for backaches! Hate doesn't need to make sense to give your life meaning and purpose. If you don't want to commit vulgar hate crimes, there's always hate politics, which is, in the long run, even more effective at generating negativity and making your perceived enemies miserable. Active hate gives you energy, an adrenaline rush, a sense of getting even with life, that will enable you to forget your problems instead of trying to solve them. Hating people simple and easy. It doesn't require any special skills or very much intelligence. Hence its growing popularity with bitter people."

"I think I'll do my physical therapy exercises instead. It seems like a much more constructive idea, and it might even heal my back."

Dharma Is Everywhere: Reflections Shared at the California State Assembly

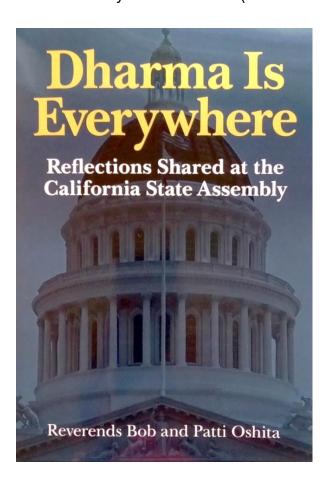
by Reverends Bob and Patti Oshita

In 2016, Reverends Robert (Bob) and Patricia (Patti) Oshita were invited to be chaplains for the California State Assembly. They were the first Buddhist clergy, and first husband and wife team, to serve the Assembly. Their two-term chaplaincy ended in December 2020.

The Reverends Oshita shared brief reflections (rather than prayers) with inspiring and uplifting messages at the beginning of each of the Floor sessions. *Dharma Is Everywhere* consists of 166 reflections, each of which transmits a lesson of moral value encouraging kindness and gratitude.

Topics range from the contributions of famous people past and present, to current events, to significant moments in human history.

Several focus on the words of the Dalai Lama. The book includes seven pages of photographs documenting special moments and with personalities present at the California State Assembly during the Oshitas' terms. It is available on the American Buddhist Study Center website (ambuddhist.org): ABSC Bookstore.







January 15, 2023: BBT Guest Speaker, Blake Honda

We had a special guest speaker at out Dharma Family Service on Sunday, January 15th. Blake Honda is from the Buddhist Church of Fowler and is preparing for the ministry at the Institute of Buddhist Studies. Blake led the sutra chanting and gave both the Children's and Adult Dharma messages on the topic of Amida's embrace and the gift of Nothing and Everything.



(Photo courtesy of Jon Kawamoto)

Introducing BBT Taiko Instructor Koh Yamakawa

Koh has been leading Taiko classes at the Berkeley Buddhist Temple for over a year, and you may have witnessed the results of his pedagogy and artistry at our New Year party on January 8th.



(Photo from the BBT Taiko website)



(Photo courtesy of Jon Kawamoto)

Watch the BBT Shinenkai Taiko performance here: 2023 BBT Shinenkai Taiko Performance - YouTube .

Here are some words of introduction from Koh:

I started playing Taiko in Dublin Ohio with the Dublin Taiko Group, a group started by Hayashi Eitetsu. I have since played for Columbia University Taiko, New York Taiko Aikokai, and Jiten Daiko of San Francisco. I love to play, create, learn, and teach Taiko!

Taiko is a Japanese performance art based around playing drums called taiko. While the drum itself has been around for over a thousand years, it has predominantly been in religious rituals and festival music. In the past fifty years or so, it started to be performed on stage and began developing as a musical and choreographic art form. Along the way, it has become intertwined with the Japanese and Japanese Americans (JAs) experience, beginning amidst the American occupation of Japan in the 50's, flourishing as a form of expression for Sansei, third-generation JAs, in the 70's, becoming an avenue for activism, and now connecting JA communities across America as a source of exercise, music, and fun.

In our class at BBT, we focus on learning about the history of Taiko while learning songs so that we can play Taiko expressively and safely. I hope you will be able to join us in our classes or public workshops!

General inquiries can be addressed to taiko@berkeleybuddhisttemple.org.



BBT Dharma School Newsletter

March 2023

Thank you, High School Students!

A giant thank you to Karen Sensei and her wonderful high school students for preparing and leading a meaningful and thought-provoking Dana Day service on February 20th! Everyone enjoyed all aspects, from Ty's chairing of the service to Takato's chanting to Romare's gatha playing to Kiki, Madi, Romare, Takato, and Ty's personal reflections on the Dharma.

Thank you also to Sensei Akemi, Irene, and Joyce for helping with all the moving parts.

High School Students, your Dharma School teachers are so proud of you!





Dana Day Pizza

The Dharma School offered their own dana on Dana Day in the form of homemade pizzas during the Coffee Social. The February toban thanks you for your thoughtful and delicious dana!





March Schedule

All of Berkeley Buddhist Temple Dharma School classes currently are in-person. If you have any questions, please contact the Stacy Uyeda, the Dharma School Superintendent, at: bbtdharmaschool@gmail.com.

3/5/2023	DFS/ March Shotsuki - Regular Dharma School Classes
3/12/2023	DFS - No BBT Dharma School classes; consider joining the bus ride to Palo Alto Buddhist Temple for the Bay District 800th/850th Anniversary Service
3/19/2023	DFS / Spring Ohigan/Kieshiki/Buddhist Name Affirmation Ceremony
3/26/2023	DFS - Dharma School Classes meet for Hanamatsuri Rehearsal

Another BBT Student Playing Basketball

Francisco Jr. plays for Eden, and we missed his picture last month in our basketball highlight. The Dharma School hopes that all students are having a great season!





BCA Announcements

BCA Center for Buddhist Education Living The Dharma (formerly Every Day Buddhism) Committee Presents:



THE BENEFITS OF A LIFE OF GRATITUDE: **Benefits of Shin Buddhism**

PART 1

Saturday, March 11,2023 11:00 am - 1:00 pm (PT)

Guest Speaker: Rev. Dr. Kenji Akahoshi



Rev. Dr. Akahoshi served as the resident minister of the Buddhist Temple of San Diego for 8 years and recently retired. Prior to becoming a minister, he received his DDS degree from UCSF Dental School and practiced dentistry privately in San Jose He served as the San Jose Betsuin Broad President (2 years) and was a Buddhist Chaplain in the Santa Clara County Juvenile Hall for 7 years. He received a master's degree from the Institute of Transpersonal Psychology in Palo Alto and a Masters of Buddhist Studies from the Institute of Buddhist Studies of Berkeley, CA. He originated (1998) and continues to conduct annual Shin Buddhist Retreats in California, Washington, and Hawaii He is currently heading the Minister's Support Pillar for the Dharma Forward Campaign.

Moderator: Rev. Marvin Harada Registration https://forms.gle/7xDqKVapCEp2duZP8

Donations gratefully accepted

Click to Donate https://bca.kindful.com/ Scroll campaigns to select CBE (Donations are processed by BCA Endowment Foundation)

Visit buddhistchurchesofamerica.org email: cbe@bcahq.org or phone: 510.809.1460



CBE Online Seminar Register Below

Saturday March 18, 2023 11am - 1pm (PT)

About

Rev Dr. David Matsumoto is the president of the Institute of Buddhist Studies. He will continue his series about the meaning of Shinjin. This is part 3 of his 4 part online series. Parts 1 & 2 are on the CBE Youtube Channel if you wish to view them.

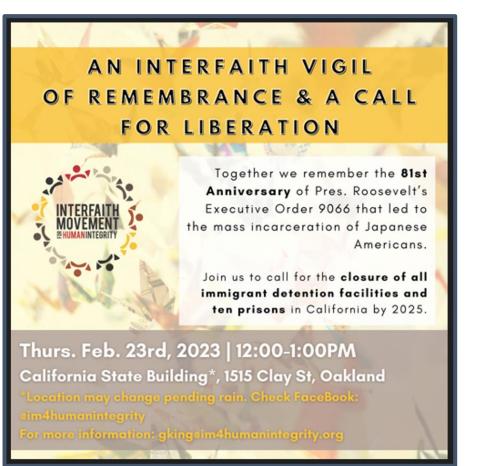


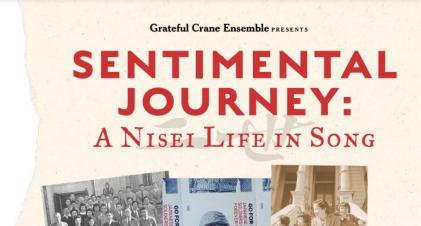
REGISTER & INFO HERE:

https://tinyurl.com/ShinjinSeminar3



Community Announcements





Join us for this special show in tribute to our Nisei generation as the Grateful Crane Ensemble from Los Angeles takes you on a sentimental journey through the Nisei's life in America before, during and after WWII. Featuring over 20 of the Nisei's favorite Japanese and American songs, the show promises to bring back fond memories of their lives well-lived as we say "Thank you" to them for paving the way for the younger generations to follow.

Written by Soji Kashiwagi
Featuring Jason Fong | Haruye Ioka | Keiko Kawashima | Merv Maruyama
Musicians Lisa Joe, Musical Director/Piano | Danny Yamamoto, Drums

Saturday, March 18, 2023 | 12:30 p.m. Freight & Salvage

2020 Addison Street | Downtown Berkeley

TICKETS
General Admission: \$35.00 (plus fees) | Seniors (65+): \$30.00 (plus fees)
Groups (10 or more): \$25.00 (plus fees)
To reserve tickets online, go to this link:

https://secure.thefreight.org/12064/grateful-crane-ensemble-performance



COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

Sunday, March 5, 2023, 9:30 AM

Live Stream: https://www.berkeleybuddhisttemple.org/dharma-live

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for *March*.

Ryoichi Roy Anzai	Yutaka Matoba	Marie Shiromoto
Thomas Arima	Naoya Matoba	Fusao Tagumi
Kimiyo Sakurai Bloom	Frank T. Matsui	Fujiye Takaha
Toshiko Ehara	Glenn Matsunaga	Tametaro Takahashi
Satoru T. Fujikawa	Yoichiro Matsunaga	Wataru Takahashi
Keiko Imagawa Fukui	Seizo Mayeda	Haruko Takemori
Masao Handa	Aiko Miike	Akira Takemori
James E. Hansen	Ben Morita	Tsuneyo Tanaka
Mary Fumiko Haraguchi	Dean M. Muranishi	Hisayo Tasaki
Jinichi Hashizu	Yukito R. Nagahisa, Sr	Masako Terazawa
Toki Hataye	Denji Nakabayashi	Yukino Terazawa
Kiyoshi Hayate	William Nakatani	Tomeko Tsuchihashi
Tom Tamotsu Hataye	Frank Takazo Nishikai	Gregory Jun Unno
Shizuo Hiramoto	Tamako Yamagishi Nishikai	Katsumi Unoki
Junian Hirooka	Tokuo Nitta	Naoki Wakaye
Willy Osamu Ide	Hayaji Oda	Waki Wakaye
Kusuo Jimmy Inadomi	Kazuko Oda	Kyujiro Waki
Sumi Irikin	Masami Oda	Kyo Waki
Mitsue Ishizue	Misao Hiramoto Okano	Mary Chiseko Wakida
Thomas T. Kimura	Minoru Oki	Tomo Watamura
Richard Shinto Kurakazu	Akira Okita	Osamu Sam Yamauchi
James Kurata	Masae Onizuka	Ann Toyomi Yamoto
Rev. Haruyoshi Kusada	Chiyomi Pohan	Michizo Yokota
Henry Hiroo Kuwada	Chiyome Sakamoto	Hatsuyo Yokoyama
Amy Kuwada	Tokutaro Sato	Kiyoji Bill Yokoyama
Chiyo Kuwai	Etsu Sato	Takashi Yoshimura
Shizuo Matoba	Judd Masami Sato	
		=

Note: If there are any additions, corrections, or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

Membership Pledges (Receiving Period: 1/14/2023 – 2/9/2023)

The temple would like to gratefully acknowledge the following members for their generous contributions:

2022

Julie Kono & Ron Manning

2023

Rev. CJ Sokugan Dunford	Detlev Gempf & Lorraine Nobuye	Amy Ito
Julie Kono Manning & Ron Manning	Michiko Kubota	Arthur Nishimura
Harold & June Sano	Stacy Uyeda & Tony Hale	Liane Yasumoto

New Member Spotlight

BBT welcomes new members, Amy Ito and Sherry Lin.

Here's a little bit about Amy:

I'm the daughter of Betty Miyake, sister of Jiro Nakaso. My grandmother's house used to be on McGee. All were members of the church. I grew up in Fresno/Fresno County. My brother is Ron Miyake (Berkeley Bowl). I moved to the Bay Area in 1989. I'm currently semi-retired from financial services. I love to cook & bake. I started decorating cookies a little over 18 months ago and have been learning to make other sweets. I'd love to help with Bazaars and other events if I'm needed.

If you have any questions, please contact Mimi Kagehiro at membership@berkeleybuddhisttemple.org or 510-841-1356.

TOBAN

Coordinators - Lena Yin & Pat Takeda

February 2023	March 2023
Cochair - Tony Hale	Chair - Akemi Hamai
Cochair - Scott Wakida	Cochair - Bob Matsueda
*Adachi, Dick Akiyama, Devon Cox, Tory Fisher, Rebekka (MN) Fukumori, Noreen Gabriel, Susan Hale, Tony & Stacy Uyeda Ide, Ritsuko *Kamimura, Yoshio & Junko Kaneko-Jones, Cathy *Masuda, Rev Will & Kiyo Nishihara, Alan Sugihara, Mark Sugihara, Wayne *Taketa, Mieko Umemoto, Tara Ueda-Hale, Zora	Ames, Diane Fukumori, Naomi Gwaltney, Jon Hamai, Akemi & Amy Haruyama *Hamai, Lucy Horstein, Scott & Antonia Glenn *Kami, Frank *Kawakami, Keiko Matsueda, Bob & Ranko Yamada Nolan, Paul & Sara Jotoku Omori, Laurie Roueche, Akira Sakurai, Dennis *Shinsako, Glenn & Amy *Wakida, Alice *Yedlosky, Yae
Wakida, Scott & Sheila	

^{*} Denotes disabled and/or elderly. Toban optional.

Spring Ohigan Service & Potluck

Sun. March 19 after the serviceJoin us in celebrating the Spring Equinox.

Please check your toban month for your lunch offering and tasks.

Jan, Feb- SaladsJanuary- ServeMarch- Onigiri & Rice DishesFebruary- Set UpAll Other Months- Main DishesMarch- Clean Up

Spring Ohigan luncheon will be in BBT Social Hall. Please bring lunch offerings to Social Hall kitchen.



Condolences



Berkeley Buddhist Temple expresses condolences and deep sympathy

To the Family of Mrs. Fumi Matsubara January 19,1931 – February 14, 2023 To the Family of Mr. James Nakabayashi November 22,1924 – February 14, 2023

Namo Amida Butsu Namo Amida Butsu Namo Amida Butsu

	2023 MEMORIAL SERVICE SCHEDULE		
	<u>YEAR</u>	<u>SERVICE</u>	
	2022	1 st Year	
	2021	3 rd Year	
The following is a list of special service years.	2017	7 th Year	
If you have a departed relative who has passed away	2011	13 th Year	
in any of the listed years,	2007	17 th Year	
and would like to make arrangements	1999	25 th Year	
for a memorial service,	1991	33 rd Year	
please contact Rev. Kuwahara at (510) 841-1356.	1974	50 th Year	
•	1924	100 th Year	

Services and Information

Berkeley Buddhist Temple

Services

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

Special Services

January 1	Gantan-e	New Year's Day
Service		-
February	Nehan-e	Nirvana Day
March	Ohigan	Spring Equinox
April	Hanamatsuri	Flower Festival
May	Gotan-e	Birthday of Shinran
July	Kangi-e	Obon
September	Ohigan	Autumn Equinox
November	Hoonko	Shinran Shonin
Memorial		
December	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

Monthly Discussions

In our discussions, we strive to experience the Buddha-Dharma with our entire selves — with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

Visitor Information

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

Membership Information

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a <u>Membership Form</u>, have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our



Registration page, or contact our Membership Chair.

Berkeley Buddhist Temple

2121 Channing Way Berkeley, CA 94704

Office Hours Monday – Friday 10:00am – 1:00pm

510-841-1356

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