

# The Padma

## May 2021

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#### Guidelines:

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Please cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

## Berkeley Buddhist Temple Newsletter

Web Edition



Our Vision A Community Where Our Spiritual Life And True Self Can Be Realized

Our Mission To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# May 2021



BERKELEY BUDDHIST TEMPLE 2121 CHANNING WAY, I			BERKELEY, CA 9470	)4		
SUN	MON	TUE	WED	THU	FRI	SAT
Berkeley Buddhist Temple ( berkeleybuddhisttemple.org info@berkeleybuddhisttemp facebook.com/berkeleybudd youtube.com/berkeleybuddh	le.org lhisttemple					:
2 9:30a Livestream: Dharma Family & Shotsuki Memorial Service		. 4	5 7:00p Evening Meditation	6	7 Bento Order due	:
10:15a Virtual Yoga 9 9:30a Livestream: Dharma Family Service	10	11 7:00p Board Meeting	12	13	14	1:
<u>Bazaar Annual Gift</u> form due Padma articles due <b>16</b>	17	18	19	20	21	2
AM: Bento Pickup 6:00p 71st Annual Virtual Satsuki Bazaar & Arts Festival	17	18 Padma Newsletter Production	7:00p Evening Meditation	20	21	2
23 9:30a Livestream: Dharma Family & Gotan-E Service	24	25	26	27 <b>6:30p</b> Dharmanar	28	2
30 9:30a Livestream: Dharma Family Service Dharma School Awards & Graduation	31					

# **Dates to Remember**

Sun 2 May	Livestream Shotsuki Memorial Service Virtual Yoga 10:15am	Sun <b>6</b> June	Livestream Shotsuki Memorial Service
Sun <b>16</b> May	<sup>71st</sup> Annual Virtual Satsuki Bazaar & Arts Festival	Sun <b>27</b> June	Sochoki Service
Sun 23 May	Gotan-E Service Guest Speaker: Rev. Ai Hironaka		
Sun <b>30</b> May	DS Awards and Graduation		

# SATSUKI BAZAAR & ARTS FESTIVAL & ARTS FESTIVAL SUNDAY, MAY 16, 2021 | 6 pm Online Program • FEATURING• Taiko Master KENNY ENDO

BERKELEY BUDDHIST TEMPLE 🛞

71 st ANNUAL

## Teriyaki Chicken AND Vegan Bento Boxes Order by May 7th: bbtevents.info/SatsukiBento

Pickup at the Jodo Shinshu Center parking lot, 2140 Durant Ave – Sun, May 16th | 2-5 PM A complimentary bento will be delivered to all BBT Keiro members 77+ years of age – May 16th



PRE-ORDER DELICIOUS BENTO BY MAY 7TH. PRE-ORDER DELICIOUS BENTO BY MAY 7TH. PLEASE CONTINUE TO STAY SAFE + WELL!

bit.ly/BerkeleyBuddhistTempleYouTube facebook.com/BerkeleyBuddhistTemple/ 510.841.1356 | BerkeleyBuddhistTemple.org Donations are welcome through the temple website.

## **BAZAAR ANNUAL GIFT (BAG) – PLEASE VOTE !**

In 2001, Bob Matsueda suggested that the Berkeley Buddhist Temple offer free entertainment in conjunction with the Bazaar to involve the local community. He also suggested that a portion of the proceeds from the Temple's Bazaar be donated to a nonprofit organization.

Since 2001, BBT donates part of the Satsuki Bazaar proceeds to a community nonprofit organization. Thank you to Yuki and the BAG committee for leading this effort for so many years! Typically, we would solicit nominations from the Sangha, but due to getting a late start, this year we are trying something different. This year the Community Outreach Committee has selected a few local organizations that you all may vote on. You are also welcome to nominate your own.

\*\*NOTE: This form will remain open until <u>May 9th, 2021</u>. Vote using the <u>Bazaar Annual Gift Form</u>.

#### **ORGANIZATION DESCRIPTIONS:**

Healing Clinic Collective (Oakland) "The central intention of the Healing Clinic Collective is to plant the seed for a return to the Sacred. We aim to encourage re-engagement to a sacred way of relating to ourselves as whole people. We aim to restore reverence and relationship to ancestral forms of healing and wellness that come from world views rooted in cultural understandings and expressions of love, interconnectedness, and regenerative relationship to both people and the Earth."

The HCC encourages and supports alternative narratives of healing practiced outside the Western forprofit medicine model by taking a holistic approach grounded in the practices of indigenous and East-Asian medicine. These forms of medicine are rooted in centuries, if not millennia, of study that supports the entire wellbeing of persons whose needs are not often met in the Western, specifically American, medical model that often treats bodies as broken machines and emphasizes single-point cures which may neglect the emotional and cultural needs of care seekers.

- The Bay Area Immigration Bond Fund (Bay Area) raises money to pay bond fees for people who are in ICE detention so they can be rejoined with their communities and families. All money donated to this fund goes 100% directly towards the freedom of someone with Bay Area ties from ICE detention.
- Asian Women's Shelter (SF) was founded in 1988 to address the needs of women, children and transgender survivors of domestic violence and human trafficking. It runs an emergency hot line, confidential housing, emergency services, including food, clothing, and ongoing health services. Staff assist by coordinating support services such as legal advocacy and assistance, transportation, counseling, training/employment, and mentoring.

AWS runs two additional programs : a) Its Queer Asian Women and Transgender Support (QAWTS) Program provides services for queer survivors of violence and runs innovative programs and prevention strategies. b) As a co-founder of the Asian Anti-Trafficking Collaborative (AATC), AWS helps provide legal and social services to trafficked people, including assistance with visas, shelter, case management, interpretation, advocacy, and independent living skills.

LavaMae (Oakland, SF, Bay Area, LA) is a non-profit organization that helps the homeless with their philosophy of "Radical Hospitality – meeting our unhoused neighbors wherever they are and delivering extraordinary care". One of the ways they do this is to offer mobile shower facilities in Los Angeles, San Francisco, and Oakland. Their program also offers other street-based care programs. LavaMae teaches others to offer the same services in their own communities.

They view hygiene as a basic human right, and something that can restore people's dignity and respect.

Private donations cover operating costs. Donations can also be made in the form of goods, such as hygiene supplies, underwear, and socks.

For further information, check out their website: Who We Are — <u>LavaMae×</u> (lavamaex.org) and the TedX talk by the organization's founder: https://www.youtube.com/watch?v=UMW1TwEVzrs.

# "The Power to Live and Die" by Rev. Chiko Iwagami



At the end of March, a book was published. The title is *The Power to Live and Die* and the author is Rev. Chiko Iwagami. He is a Jodo Shinshu minister and serving the Hongwanji organization as *Socho*. In the overseas districts, such as North America (BCA), Hawaii and Canada, *Socho* is translated as Bishop. However, the position *Socho* in Japan is translated as Governor General. While *Gomonshu* is the spiritual leader and the ecclesiastical top of the Jodo Shinshu Buddhist tradition, *Socho* is the top of the Hongwanji administration that runs the worldwide organization with over 10,000 temples, 30,000 ordained ministers and 7,000,000 members. Although he is 85 years old, he is working hard everyday to run this big organization. Not only as a top administrator, but also as a Jodo Shinshu minister, he has a strong passion to spread the Dharma. Driven by his strong passion, he published a Japanese book titled *Ikite Shinu Chikara* 生きて死ぬ力 in 2018. To translate this book in English and

share his words of wisdom with more people in the world, Rev. Dr. Ken Tanaka, Dr. Paul McCarthy, James Pollard and I formed a project team and have worked on the publication of this book.

Rev. Iwagami was born and grew up in Tokyo. As a survivor of the Tokyo bombing, in which over 115,000 people were killed overnight, he knows the tough realities and the truth of impermanence of this world. He also knows the importance of interdependence by witnessing the recovery and development of Japan after the World War II. It was Amida Buddha and the teaching of Nembutsu that have given him the power to live and nurtured the power to realize the meaning of death. His deep insight as a Jodo Shinshu Buddhist minister is addressed in the forms of poems and short reflections.

Please let me share some words from the book.

It is of utmost importance to have eyes that see ourselves as we really are, and the reality of our world. Then, whatever happens, we will be prepared to accept it. Try to discover how you should live and what you can truly rely on. *The Power to Live and Die*, p.3

The eyes here means Buddha eyes, not the eyes of ours covered by the three poisons (greed, anger and stupidity). Buddha can see us and this world as they really are, because Buddha is the one free from self-centered and egoistic views. When we humbly and deeply listen to what Buddha sees, we would become more aware of the realities of our human existence and this world, which would allow us to deal with various issues and difficulties in a true sense. Such Buddha's guidance is what we should encounter and rely on.

However, the encounter with Buddha's guidance does not necessarily means that we can lead a life completely free from issues and difficulties, but we as a bombu or unenlightened being still continue to face them, because our attachments and ignorance within ourselves continue to cause all those issues and difficulties. We are then bothered and suffer. However, there is a Buddha called Amida, who compassionately embraces such beings like us. "You're all right, just as you are.' How grateful I am for those words." (The Power to Live and Die, p. 98) With the teachings and guidance, Buddha tries to liberate us from issues and difficulties. Some might be able to do so, but many of us have been failing. Does Amida Buddha blame or abandon us? No, this Buddha holds and never abandons us.



The Power to Live and Die

Poems and Reflections on Buddha-dharma and Jodo Shinshū

Chikō Iwagami

It's not that we hear the teachings And then are saved Rather, we hear that we are already saved. *The Power to Live and Die, p.89* 

When we come to realize Amida Buddha's compassionate embrace, a word of gratitude comes out of our mouth, that is, Namo Amidabutsu.

I've shared only a couple of phrases due to the space limitation. If you are interested in Rev. Iwagami's The Power to Live and Die, please let me know.

In gassho (palms together), Rev. Kiyonobu Kuwahara

# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

## Sunday, May 2, 2021

9:30 am

#### Live Stream Only: https://www.berkeleybuddhisttemple.org/dharma-live

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for May.

Hideyo Adachi	Teruko Komure	Hisae Joanna Sakai
Douglas Berute Davis	Michio Kono	Larry Takeo Sato
Ayako Fujii	Torayoshi Maida	Chizuko Shimada
Sansuke Fujinaga	Kane Maida	Fumiko Oshita Sugihara
Bill Galeota	Roy Saburo Matsushino	Ginzo Suto
Junji Hamai	Priscilla Setsuko Mayeda	Mary Bonzo Suzuki
Satoshi Hane	Alma Tsuneko Hirose Miller	Lucille Takano
Florence Nitta Hiramoto	Naokichi Mitsuyasu	Yoshinori Tanada
Terry Teruyo Hiramoto	Kimiyo Miyaji	Kikuye Alice Tokuyoshi
Kiriye Hiraoka	Ayako Marie Miyasaki	Wataru Tsuchihashi
Yonezo Hirose	Yuta Morimoto	Toshiko Tsurumoto
Edward Akihiko Imazumi	Fusako Morita	Kiyomi Uehisa
Kazuhiro Ishida	John Morita	Kiyoye Unoki
Tamayo Ishida	Robert Nagahisa	Kawayo Yamasaki
Shigenori Iyama	Miyoko Nakagawa	Satoshi Joe Yamasaki
Toshio Jimbo	Miyoshi Nakano	Ninosuke Yoshida
Shigeru Jio	Edwin Shigeyuki Oki	Toshio Yoshida
Chika Kawamoto	Ami Oki	Takehiko Yoshimura
Stella Isao Kimura	Kenji Ota	

Note: If there are any additions, corrections, or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

# **Another Drought!**

"And now," said the service chairperson, "please welcome Dan and Jan from our water utility, *Got No Mud*, who will present their old song and dance about the need for water conservation. For as if the COVID-19 plague and the horrible wave of anti-Asian-American hate crimes were not enough, California is facing another serious drought." With that there entered Dan and Jan, doing a nostalgic soft-shoe and singing:

> Here we go again, You see we got no snow again, Things won't grow again, We're in another drought! Make your showers fast! We gotta make the water last Just as in the past, 'cause We're in another drought!

When the applause died down, a member of the congregation asked, "Why did you start your tour in a Buddhist temple?"

"Because we thought that Buddhists would be receptive to our message," replied Jan. "Buddhism has always taught that the precious resources the earth offers us should be used carefully, not wastefully. Ananda, a leading disciple of the Buddha, showed a patron how the earliest Buddhist monks recycled any worn-out robes, making them into bedding, then into cleaning rags, then into part of the walls of their rainy season huts. They wasted nothing."

"Yes," said Dan. "And I might remind you of the Jataka tale of the flock of birds who were trapped in a fowler's net and could only get out of it by cooperating. If they each focused only on their own escape, they were all doomed. Likewise we will only get through this drought, which may go on for years like the last drought, if we cooperate by conserving water. Also, we must divide the water equitably, which will require true wisdom and compassion."

"How did you learn so much about Buddhism?" asked someone.

"We of *Got No Mud* learned the Truth of Suffering in the last drought," said Jan.

by Diane Ames





- Sunday, May 2: Regular Dharma School class
- Sunday, May 9: Regular Dharma School class
- Sunday, May 16: Regular Dharma School class
- Sunday, May 23: Regular Dharma School class
- Sunday, May 30: Dharma School Graduation during service. Students, please join us for a short Dharma School class on Zoom to say farewell to your teachers and classmates!

The Dharma School students thank the sangha for allowing us to present our **Hanamatsuri artwork** during the April 11 service! Here is a sampling of their smiling faces and sunshine artwork.









## <u>CoVID-19</u>



BBT member Liane Yasumoto got her CoVID vaccination at the Oakland Convention Center!

If you haven't gotten your shot yet and need help signing up for an appointment, call the temple office for assistance!

## **Ministerial Studies Scholarship**

The Board would like to congratulate John Mullins, one of our Minister's Assistants, on being awarded \$10,000 to further his studies toward achieving kyoshi ordination in Japan. Due to the travel restrictions though, John will not be able to attend his training this year and he has returned the award. We look forward to seeing his application (along with others) next winter!



## 2021 Membership Pledges

The Temple would like to gratefully acknowledge the following members for their generous contributions for the period 3/13/2021 - 4/8/2021:

Patty Fujiwara & Carl Wilmsen Susan Fukagawa Gabriel Noreen Fukumori Suzanne Furuya Linda & Craig Griffin Suzan Kajiwara Annette Lys Satoshi & Elaine Steimetz Sandra Takeda Terry Watamura

### New Members

We welcome three new college members: Collette Aldrich, Michelle Ono, and Marcela Varga Castaneda.

### A New Member Spotlight !

Rebekka Fisher is one the new members we welcomed last month. Here is a little bit about Rebekka:

"I live in Lino Lakes, Minnesota (just north of Minneapolis). I have been a professional musician and songwriter for 25 years and am now a licensed music teacher for the public schools. The pandemic was a good opportunity for me to observe Sunday morning services online. I was impressed with yours because it was professional, helpful, and friendly. I'm still learning about Buddhism and have been chanting for about a year. I have so much more to learn. I am so happy to be included in your Sangha and thank you for reaching out to me."

Thank you all for your generosity and continuing support!

If you have any questions, please contact Mimi Kagehiro at membership@berkeleybuddhisttemple.org or 510-841-1356.



## Showing Compassion

Right View
Right Thought
Right Speech
Right Action

- We are all on a learning journey!
- Keep learning and researching! All responsibility to speak out shouldn't be limited to Queer folx and allies
  - What You Need To Know About the Letter 'X' in Words Like Folx. Womxn, and Latinx article by Kells McPhillips
  - www.transstudent.org/gender
  - transbuddhists.org/
  - Genderspectrum.org
  - pflag.org
  - Seen and Unseen
  - Pronouns: <u>Lingthusiasm Podcast</u>

#### \*Note: Some of the films have darker themes

Learning and Listening to stories

- Toilets, bowties, gender and me I Audrey Mason-Hyde <u>I TEDxAdelaide</u>
- "The Half of It" by Alice Wu
- "Disclosure" by Sam Feder
- · "Queer Eye" starring the Fab Five
- "Pose" by Steven Canals, Brad Falchuk, Ryan Murphy
- "Moonlight" by Barry Jenkins
- "Dirty Laundry" by Richard Fung
- "Call Her Ganda" by PJ Raval
- "A Place in the Middle" by Joe Wilson and Dean Hamer
- "A Love Letter" by Barney Cheng: Two Japanese-American families with transgender children share their journey of love and acceptance.
- "Paris is Burning" (documentary) about gay culture in NYC in the 80's during the AIDs pandemic, and focuses on Voguing and performance art in common communities
- "Close-Knit" by Naoko Ogigami



## **BLEND Book List**

Beyond Magenta, Transgender Teens Speak Out. Written and photographed by Susan Kuklin HS. Published in 2014. Six courageous teens tell their stories about coming out, transformation and acceptance. They represent the wide meaning of transgender.

#### Families by Susan Kuklin

Published 2006. Children from diverse families such as multi-cultural, immigrant, gay, religious, adopted, etc. share their family lifestyle. Photos of this collage of families illustrates the beauty of this diversity.

#### It's Okay to Be Different by Todd Parr

PB Published in 2001. With his compassionate understanding of children, Parr reassures children that they are fine, just as they are. "It's okay to be different. You are special and important just because of being who you are."









#### Neither by Airlie Anderson

PB Published 2018. A gentle story about acceptance and inclusion. In the Land of This and That, there are only blue bunnies (This) and yellow chicks (That). When a green bird with rabbit features hatches, it is called Neither, an outcast. Neither goes out to find its place Somewhere Else.

#### Oliver Button is a Sissy by Tomie de Paola

PB Published in 1979. Oliver loves to dance. His dad doesn't approve, he's teased and bullied by the boys, but his mother and girls defend him. Dancing is considered a "girls' thing."

#### Say Something! By Peter H. Reynolds

PB Published 2019. Reynolds, in his positive voice, encourages readers to speak up in whatever media they are comfortable. "Your voice can inspire, heal, and transform. Your voice can change the world." This is a message of acceptance and advocation of self and others.

#### The Story of Ferdinand by Munro Leaf

PB Published in 1936. Ferdinand is not your stereotypical bull. Unlike his fellow bulls that have aspirations to fight in the Madrid Bull Fight, he doesn't like to rough house. He enjoys spending his time smelling flowers. When the inspectors from the association come to choose a bull for this year's competition, Ferdinand inadvertently sits on a bee. Suchness: Comfortable to be who I am.

#### They She He Me, Free to Be Me by Maya and Matthew

PB Published in 2020. Maximum illustrations, minimum words to show that there are a vast variety of She people, He people, and They People and some Tree and Ze people. A colorful picture book that requires careful scrutiny of the illustrations to see differences. Author's notes and explanation of use of pronouns are helpful; also see read-aloud by author on YouTube: https://wineo.com/320181566

#### William's Doll by Charlotte Zolotow

PB Published in 1972. William, more than anything, wants a doll to love. His brother thinks that's "creepy." His father teaches him how to play basketball and other boy games, which he practices and masters, but he still cherishes the thought of a doll to cradle. He finally gets his beloved doll, to the chagrin of his father. Grandma explains to him why William wanted a doll, "...so that when he's a father like you, he'll know how to take care of his baby...."



















HELP US RAISE MONEY FOR Buddhist Churches of America Endowment Foundation



When Saturday, May 22, 2021 Place your order for pickup or delivery on Saturday, May 22! Where

Available at Panda Express locations nationwide How Online orders only Apply code 903354 in the Coupon Code box during online checkout at order.pandaexpress.com or via App

28% of sales will be donated to: Buddhist Churches of America Endowment Foundation A love story about a young, Nisei couple who meet at Tule Lake, fall in love, but are torn apart by two controversial, government-issued loyalty" questions.

W. W. DT DT DT DT

The

Saturday, May 22, 2021 1:00 p.m. to 3:00p.m. (Via Zoom)

Watsonville Buddhist Temple Presents

TAT

Betrayed A two-act play by Hiroshi Kashiwagi

#### Followed by virtual discussion

with Dr. Satsuki Ina, Soji Kashiwagi and cast members Helen Ota and Michael Palma

A benefit screening for the Watsonville Buddhist Temple Donation: \$25 per person or \$50 per household Tickets available at Eventbrite.com search The Betrayed Ticket holders will receive an email with the link to the virtual play 48 hours prior to the showing.

(includes play screening and discussion)

For information and tickets email: buddhist@wbtemple.org

### FREE & OPEN TO THE PUBLIC ~ REGISTER FOR ZOOM LINK

BCA Center for Buddhist Education

## 2021 CBE Seminars Online For All SUMMER: JUNE ~ AUGUST

\*All events listed in Pacific Time - Check your local time\*

SATURDAY JUNE 19 *11 am - 1 pm REGISTER ONLINE	EMBRACED AND NEVER ABANDONED: JODO SHINSHU AND LGBTQ+ Rev. Ko'e A. Umezu West Los Angeles Buddhist Temple	Rev. Umezu	
SATURDAY JUNE 26 *11 AM - 1 PM REGISTER ONLINE	KINNARA: THE ROOTS OF TAIKO IN THE US Discussion with Rev. Masao Kodani, BCA Minister Emeritus, and Johnny Mori & other members of Kinnara Taiko Moderator: Rev. Jerry Hirano, CBE Director	Rev. Kadani	Johnny Mori
SATURDAY JULY 3 *11 AM - 1 PM REGISTER ONLINE	SHINSHU AND CHRISTIANITY Rev. David Quirke-Thornton Shin Buddhist Fellowship, United Kingdom	Rev. Quirke-Thornton	3
SATURDAY JULY 24 *11 AM - 1 PM REGISTER ONLINE	CREATING INCLUSIVE SANGHAS: WORKING COMPASSIONATELY WITH OUR THOUGHTS & ASSUMPTIONS Mushim Patricia Ikeda East Bay Meditation Center Rev. Harry Bridge Buddhist Church of Oakland	Mushim likeda	Rev. Bridge
SATURDAY AUGUST 7 *11 AM - 1 PM REGISTER ONLINE	THE ESSENCE OF THE THREE PURE LAND SUTRAS & HOW WE CHANT THEM Rev. Kiyonobu Kuwahara Berkeley Buddhist Temple Rinban Katsuya Kusunoki Seattle Betsuin Buddhist Temple	Rev. Kuwahara	Rev. Kusunoki
SATURDAY AUGUST 21 *11 AM - 1 PM REGISTER ONLINE	RENNYO'S CONTRIBUTION TO HONGWANJI THOUGHT Rev. Dr. Mutsumi Wondra Orange County Buddhist Church	Rennyo Shonin	Rev. Wondra



Berkeley Buddhist Temple expresses condolences and deep sympathy

To the Family of Mrs. Yoshie Nonaka September 22, 1928 - December 29, 2020

Namo Amida Butsu

Namo Amida Butsu

Namo Amida Butsu



	2021 MEMORIAL SERVICE SCHEDULE		
	YEAR	SERVICE	
	2020	1 <sup>st</sup> Year	
	2019	3 <sup>rd</sup> Year	
The following is a list of special service years.	2015	7 <sup>th</sup> Year	
If you have a departed relative who has passed away	2009	13 <sup>th</sup> Year	
in any of the listed years,	2005	17 <sup>th</sup> Year	
and would like to make arrangements	1997	25 <sup>th</sup> Year	
for a memorial service,	1989	33 <sup>rd</sup> Year	
please contact Rev. Kuwahara at (510) 841-1356.	1972	50 <sup>th</sup> Year	
	1922	100 <sup>th</sup> Year	

## **Services and Information**

## **Berkeley Buddhist Temple**

## Services

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

Special Services

January 1 Service	Gantan-e	New Year's Day
February	Nehan-e	Nirvana Day
March	Ohigan	Spring Equinox
April	Hanamatsuri	Flower Festival
May	Gotan-e	Birthday of Shinran
July	Kangi-e	Obon
September	Ohigan	Autumn Equinox
November	Hoonko	Shinran Shonin
Memorial		
December	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

## Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

## **Monthly Discussions**

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

## **Visitor Information**

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

## **Membership Information**

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a <u>Membership Form</u>, have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our <u>Registration</u> page, or contact our <u>Membership Chair</u>.



#### **Berkeley Buddhist Temple**

2121 Channing Way Berkeley, CA 94704

Office Hours Monday – Friday 10:00am – 1:00pm

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