



# The Padma



June/July 2022

Berkeley Buddhist Temple Newsletter

Web-Edition

**In This Issue:**

June/July Calendar ..... 2  
 Dates to Remember ..... 3  
 Rev. Kuwahara..... 5  
 Diane Ames..... 7  
 Temple Announcements ..... 8  
 Dharma School Newsletter ..... 11  
 COR & BLEND ..... 13  
 BCA Announcements..... 15  
 Shotsuki Memorial Services.... 17  
 Membership & Toban..... 19  
 Condolences ..... 21  
 Memorial Service Schedule .... 22

**Guidelines:**

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

Email submissions to [padma@BerkeleyBuddhistTemple.org](mailto:padma@BerkeleyBuddhistTemple.org).

**Summertime is just around the corner !**

**The Padma will be on vacation in July.**



*Face-to-face again - Saya Abney, Erin Kagehiro Anoruo, Mimi Kagehiro, and Masaru Anoruo. Photo courtesy of Jon Kawamoto*

**Our Vision**  
A Community Where Our Spiritual Life and True Self Can Be Realized

**Our Mission**  
To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# Berkeley Buddhist Temple Calendar



2022

JUNE

JULY

Wed 1	7:00p Meditation (virtual)
Thu 2	
Fri 3	
Sat 4	
Sun 5	9:30a Shotsuki Memorial Service
Mon 6	
Tue 7	
Wed 8	
Thu 9	
Fri 10	
Sat 11	
Sun 12	9:30a Dharma Family Service
Mon 13	
Tue 14	7:00p Executive Committee Meeting
Wed 15	7:00p Meditation (virtual)
Thu 16	
Fri 17	
Sat 18	
Sun 19	9:30a Dharma Family Service
Mon 20	
Tue 21	
Wed 22	
Thu 23	
Fri 24	
Sat 25	
Sun 26	9:30a Sochoki Service
Mon 27	
Tue 28	
Wed 29	
Thu 30	6:30p Dharmanar (virtual)
Fri 1	
Sat 2	
Sun 3	

Wed 29	
Thu 30	
Fri 1	
Sat 2	
Sun 3	9:30a Shotsuki Memorial Service, Virtual yoga
Mon 4	
Tue 5	
Wed 6	7:00p Meditation (virtual)
Thu 7	
Fri 8	
Sat 9	
Sun 10	9:30a Obon/Hatsubon Service
Mon 11	
Tue 12	7:00p Board of Director's Meeting
Wed 13	
Thu 14	
Fri 15	
Sat 16	<i>Padma articles due</i>
Sun 17	9:30a Dharma Family Service
Mon 18	
Tue 19	* Padma newsletter production
Wed 20	7:00p Meditation (virtual)
Thu 21	
Fri 22	
Sat 23	
Sun 24	9:30a Dharma Family Service
Mon 25	
Tue 26	
Wed 27	
Thu 28	6:30p Dharmanar (virtual)
Fri 29	
Sat 30	
Sun 31	9:30a Dharma Family Service

**Berkeley Buddhist Temple (510) 841-1356**  
[berkeleybuddhisttemple.org](http://berkeleybuddhisttemple.org)  
[info@berkeleybuddhisttemple.org](mailto:info@berkeleybuddhisttemple.org)  
[facebook.com/berkeleybuddhisttemple](https://facebook.com/berkeleybuddhisttemple)  
[youtube.com/berkeleybuddhisttemple](https://youtube.com/berkeleybuddhisttemple)



# Dates to Remember

<b>M A Y</b>	Thu	<b>Virtual</b>
	<b>26</b>	BBT Dharmanar (Topic: Four Noble Truths)
	May	

<b>J U N E</b>	Wed	<b>Virtual</b>
	<b>1</b>	Meditation & Discussion
	June	
	Sun	<b>Livestream &amp; In-person</b>
	<b>5</b>	Shotsuki Memorial Service
	June	
	Sun	<b>Livestream &amp; In-person</b>
	<b>12</b>	Dharma Family Service
June		
Wed	<b>Virtual</b>	
<b>15</b>	Meditation & Discussion	
June		
Sun	<b>Livestream &amp; In-person</b>	
<b>19</b>	Dharma Family Service	
June		
Sun	<b>Livestream &amp; In-person</b>	
<b>26</b>	Sochoki Service	
June		
Thu	<b>Online Study Session</b>	
<b>30</b>	BBT Dharmanar (Topic TBD)	
June		

<b>J U L Y</b>	Sun	<b>Livestream &amp; In-person</b>
	<b>3</b>	Shotsuki Memorial Service
	July	Virtual Yoga
	Wed	<b>Virtual</b>
	<b>6</b>	Meditation & Discussion
	July	
	Sun	<b>Livestream &amp; In-person</b>
	<b>10</b>	Obon Hatsubon Service
	July	
	Sun	<b>Livestream &amp; In-person</b>
<b>17</b>	Dharma Family Service	
July		
Wed	<b>Virtual</b>	
<b>20</b>	Meditation & Discussion	
July		
Sun	<b>Livestream &amp; In-person</b>	
<b>24</b>	Dharma Family Service	
July		
Thu	<b>Online Study Session</b>	
<b>28</b>	BBT Dharmanar (Topic TBD)	
July		

# BBT Dharmanar

Monthly Online Study Session

**MAY  
2022  
TOPIC**

## FOUR NOBLE TRUTHS

Join us for BBT's monthly study session. May's topic is "Four Noble Truths". Rev. Kuwahara and Rev. CJ will give their presentations from their own perspective. Then we will discuss it after.

**Thu. May 26, 6:30 - 8PM**

RSVP here:

<https://sanghaevents.info/dharmanar>



[www.berkeleybuddhisttemple.org](http://www.berkeleybuddhisttemple.org)

Berkeley Buddhist Temple

# Evening Meditation & Discussion



1st & 3rd Wednesdays, 7-8PM

June 1, 15  
July 6, 20  
2022

\* No sessions in August

Sessions are virtual only  
until further notice

Sign up for zoom link:

<https://sanghaevents.info/meditation>

Questions:

[info@berkeleybuddhisttemple.org](mailto:info@berkeleybuddhisttemple.org)  
(510)841-1356

*Join us for an evening of silent meditation led by our minister, Rev. Kuwahara. Everyone is welcome and no prior experience needed. We will have a short discussion after.*



# Virtual Tera Yoga

Berkeley Buddhist Temple



Instructor:  
Hitomi Kuwahara



**Sunday:**  
July 3 & 17, 2022

Immediately after the service

\* No sessions in June & August

**Zoom**

**No sign up required**

Join on zoom:  
<https://sanghaevents.info/yoga>

Questions:  
[info@berkeleybuddhisttemple.org](mailto:info@berkeleybuddhisttemple.org)  
(510)841-1356

*Join us for a gentle yoga session by Hitomi Kuwahara that you can do while sitting on a chair or couch without a yoga mat. No experience or registration needed. Everyone is welcome!*



## Calm and Stable as a Rock

I am writing this article on May 14<sup>th</sup>. It will be published in the Padma just before May 21<sup>st</sup>, a very important day for Jodo Shinshu Buddhists. Do you know what day it is? It is the birthday of Ven. Shinran (Jpn. Shinran Shonin), the founder of Jodo Shinshu Buddhism. He was born on May 21<sup>st</sup>, 1173. The celebratory service, called *Gotan-e*, is held at Jodo Shinshu temples around the world. Berkeley Buddhist Temple will observe this year's *Gotan-e* service on May 22<sup>nd</sup> in conjunction with Dharma School graduation. In 2023, in celebration of Ven. Shinran's 850<sup>th</sup> birthday, a large commemorative service will be held at the Hongwanji in Kyoto.

As a Jodo Shinshu priest, my life is dedicated to sharing the teaching that Ven. Shinran revealed with the guidance of Shakyamuni Buddha and many Pure Land masters. I deeply appreciate this teaching. It has given me the guidance to live my life meaningfully and deeply. In this article, let me share one example of the guidance that I received from the teaching of Ven. Shinran.

In front of the Berkeley Buddhist Temple there is a nice garden. Anchoring the garden is a large rock, called "Founders Rock." One day as I walked by, I thought "Mm, this rock epitomizes the steadiness of the Jodo Shinshu Buddhist life." The rock stays there day and night, in sun and rain, hot and cold weather, silent and steady. Such calm stability is one of the features of the life of Jodo Shinshu Buddhists who have received shinjin.

Rev. John Paraskevopoulos, an Australian Jodo Shinshu priest and one of my most favorite authors, wrote the following in his article *Why Shin Buddhism?*:

If the purpose of our lives is simply to obtain what only money and health can give us, we wouldn't continue to feel restless when these goods have been secured... Our generation, in particular, can certainly boast of greater material prosperity than any before it in human history. But anguish and unhappiness appear to have never been so prevalent as they are today. So, what is going on?

Anguish and unhappiness, anxiety and restlessness are modern plagues. Many of us feel restless about our financial situation or the condition of our health. If not finances or health, something else in our life makes us anxious or depressed. I appreciate that Jodo Shinshu Buddhism can liberate us from such disturbances. Further, it bestows on us the calmness and internal stability which enables us to focus on our life regardless of the external circumstances.

One example of this equanimity is Mr. Scott Morris, a member of the Orange County Buddhist Church who suffered from the incurable disease, ALS. At each stage of his decline, he was able to appreciate the gift of his life despite the pressure of coming death. Another

example is Mrs. Ayako Suzuki. The poems she composed after her cancer diagnosis show that she received the guidance to live her limited life steadily. She passed away at the age of 42.

Jodo Shinshu Buddhism allows us to encounter something that we can truly rely on in this life filled with disturbances and restlessness. That is, Amida Buddha. Amida Buddha's light of wisdom helps us discern things around us and the situations we find ourselves in. This light disperses the darkness of our ignorance and expands our narrow view. Amida Buddha's compassionate light warmly embraces us, no matter who we are or how we are. Whenever we say "Namo Amidabutsu", we realize that we are in Amida's embrace and that we are one with Amida Buddha. When we live with Amida Buddha and the Dharma in this way, we are not tumbled by the challenges of everyday life. We are calm and stable, like Founders Rock in the BBT front garden.

In gassho (palms together),  
Rev. Kiyonobu Kuwahara



*Founders Rock at the entrance to the Berkeley Buddhist Temple*



# “People Can Change. They Really Can.”

by Diane Ames

Chicken Little got a telephone call from his Aunt Banty, Uncle Chanticleer’s wife. “My mother is sick—with Covid!” she sobbed. “She felt sick after her birthday party and tested positive on our home test. We thought that since the pandemic is about over and she’s vaccinated, Granny could have a big party with the whole Bantam clan. She’s old and frail and may not have very many more birthdays.”

She may not have *any* more now, thought Chicken Little, but all he said was, “The pandemic isn’t really over yet.” And the elderly need to be careful even if they’re vaccinated, and I’ll bet Granny wasn’t boosted, he thought.

“And poor Chanticleer got it again, just when he was getting over the long Covid,” Banty went on. “He thought that having been infected, he was immune.”

So he didn’t get vaccinated, thought Chicken Little. He’s as bad as his son!

“We all just panicked except Chanty (meaning Chanticleer, Jr.)” she added. “He surprised us. You know how irresponsible he’s been, sneaking off to big pizza parties and bars. We were afraid he’d infect us all. But when he realized that he could really lose his grandmother, he ... grew up. He used his computer skills to find out what to do, which was to get her Paxlovid within five days, ideally three, of onset of symptoms. (It’s still reserved for high risk cases like the elderly.) Then he found a website that helped him find a test to treat facility, where you can get a prescription for the drug and fill it ([covid-19-test-to-treat-locator-dhhs.hub.arcgis.com](https://covid-19-test-to-treat-locator-dhhs.hub.arcgis.com)). There’s one at the CVS store at 1451 Shattuck in Berkeley. You need an appointment at their Minute Clinic there, but Chanty got her one in time at [cvs.com](https://www.cvs.com). He even took a list of her meds to show the pharmacist, to check for drug interactions. The doctor says he may have saved Granny. I think he was as surprised as we were to see what he’s capable of. And I think it was really good for him to see it. It changed him.”





# Temple Announcements

## Member Spotlight:



*Rev. Kuwahara, Saya Abney, Aileen Nakamura, and Russ Abney Photo courtesy of Jon Kawamoto*

Saya Abney joined the Berkeley Buddhist Temple during the pandemic and graduated from UC Berkeley on May 14<sup>th</sup>, with a double major in data science and ethnic studies. She will be returning to her native state of Georgia, where she'll be a law student at the University of Georgia in Athens, Georgia.

Saya has been attending the in-person services at the BBT and May 15<sup>th</sup> was her last in-person service -- for now! -- before she moves back to Georgia.

BBT Supervising Minister Rev. Kiyonobu Kuwahara presented Saya with a parting gift and well wishes from the BBT Sangha, as her parents, Aileen Nakamura and Russ Abney looked on. Aileen recently joined the BBT as a member and follows Rev. Kuwahara's Dharma messages on Sunday -- online from Georgia!

Saya's father enjoyed being back in Berkeley -- he was a Cal student as well.

Good luck with your bright future, Saya -- and we'll be here when you come back for a return visit!



# Oakland A's Tailgate/Potluck/Game?

## Deadline Is June 15 for BBT Oakland A's Game/Tailgate Tickets, Parking, Food Orders

Just a reminder: The deadline is **June 15** for the tickets, parking and the preorder food orders for the BBT Oakland A's outing/tailgate on Sunday, Aug. 21, against the Seattle Mariners!

Tickets are specially priced at \$15 per ticket for the Field Level – on the first level! We'll be sitting in Section 129 on the third-base side behind the A's dugout.

Parking passes cost \$20 per vehicle – a great deal since the regular parking goes for \$30.

We are offering bentos from Musashi to preorder. The bentos will be available for pickup at the tailgate area!

Musashi offers two sizes – small (\$12 to \$15, with sushi) and medium (\$15 to \$18, with sushi).

Please indicate the protein option and small or medium size and price.

(We are urging a BYOB – Bring Your Own Bottle – policy for the game. The A's do allow plastic water bottles and/or soft drinks into the game.)

Again: The deadline for tickets, parking passes and for the Musashi bentos – is **June 15**. Please send payment via Venmo, Zelle or by check or cash to Jon Kawamoto. He'll also be available at the BBT in-person services in May – but not for every Sunday service.

Questions? Contact the temple office for more information.

**510-841-1356**

**info@berkeleybuddhisttemple.org**



**MUSASHI**

JAPANESE RESTAURANT

2126 Dwight Way, Berkeley, CA 94704

T 510. 843. 2017  
F 510. 843. 2100

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[Gift Certificate](#)



## BENTO BOX

Please provide a 2 day notice for bento orders and any orders over 30 boxes please provide a week in advance notice.

(SUNDAY pick up 9:00 am - 12:00 Noon)

Sundays are pick up days only and the doors maybe locked so if you could called when you arrive on location.

Please select a protein item from below and all bentos are served with white rice. Vegetarian or Vegan options are available, so please inquire as the side dishes will need to be changed.

The main protein for vegetarians and vegan option is Grilled Tofu.

Gluten Free options are also available so please inquire for further details on the food options we can provide.

### Protein options:

1. Beef Teriyaki
2. Chicken Teriyaki
3. Karaage [Marinated Fried Chicken]
4. Grilled Salmon (Teriyaki OR Shio)
5. Grilled Saba (Teriyaki OR Shio)
6. Tonkatsu (Pork OR Chicken)
7. Ebi Fry 3pcs (Shrimp)
8. Aji Fry 2pcs (Horse Mackerel)

### ● Small Bento Box: \$12.00

Comes with the following side dishes

Tsukemono [pickled cucumber]  
 Veg Harumaki [fried egg roll]  
 Sunomono [cucumber and seaweed vinegar salad]  
 Nimono [simmered Japanese vegetables]  
 Ebi Shumai [shrimp dumpling]  
 Goma Ae [boiled spinach with sesame sauce]

### With Sushi \$15.00

[w/ 2 PCS Futomaki, 2 PCS California Roll, 2 PCS Kappa, 2 PCS Inari]

### ● Medium Bento Box: \$15.00

Comes with the following side dishes

Tamago yaki [Japanese egg omelet]  
 Kamaboko [fish cake]  
 Hijiki [kelp salad]  
 Sunomono [cucumber and seaweed vinegar salad]  
 Nimono [simmered Japanese vegetables]  
 Veg Harumaki [fried egg roll]  
 Kabocha [steamed kabocha squash]  
 Goma Ae [boiled spinach with sesame sauce]

### With Sushi \$18.00

[w/ 2 PCS Futomaki, 2 PCS California Roll, 2 PCS Kappa, 2 PCS Inari]

Note \*\*more detail ingredient list on side dishes available on our catering tab\*\*

updated: Jan. 2022

All hot items will now be taxed. (Taxes will be enforced starting June 1, 2014.)  
Prices subject to change without notice

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# Dharma School

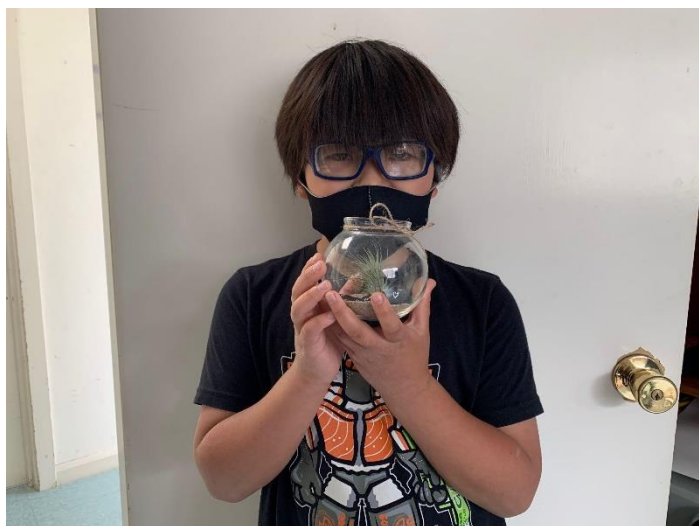
Berkeley Buddhist Temple

## Dharma School Newsletter

June 2022

### Dharma School Has Been Meeting In Person!

The Dharma School is grateful for the opportunity to meet in person again! Here are some images from our May classes



## Parent's Day

The annual Parent's Day service on May 8<sup>th</sup> was graced by a poignant message by 12<sup>th</sup> grader Zora Uyeda-Hale to her parents, Stacy and Tony. She will graduate next month from Albany High School and attend UC Berkeley in the fall. Zora will also be recognized at the BBT Dharma School Graduation on May 22<sup>nd</sup>. The Dharma School teachers – including her mom, currently writing this newsletter! – will miss all of her thoughtful and compassionate leadership.



*Graduating senior, Zora Uyeda-Hale giving her Parent's Day message on S.T.A.C.Y. and T.O.N.Y. View the full presentation on our YouTube channel (<https://youtu.be/TQ12VtTCciQ>)*

## Summer Calendar -We're going on vacation!

The Dharma School takes a break during the summer and reconvenes in late August or early September, depending upon the larger BBT calendar. We hope that your families have a safe, healthy, and happy summer. Namo Amida Butsu!



# Community Outreach & BLEND



Thank you to all those who voted to select the 2022 BBT Satsuki Bazaar Annual Gift recipient. This year's gift will be awarded to the Oakland LGBTQ Community Center. Find out more about at their website: <https://www.oaklandlgbtqcenter.org/>

## **MISSION:**

The Oakland LGBTQ Community Center is dedicated to enhancing and sustaining the well-being of lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals, our families and allies, by providing educational, social, and health related activities, programs and services.

## **OUR VISION:**

Our goal is to become Oakland's premier network of programs and services for the LGBTQ community.



# Raise the Pride Flag at Peace Plaza

*Support LGBTQ+ Identities*

*in San Francisco's Japantown*

Join the **Japantown Rainbow Coalition** at **Japantown Peace Plaza** for a flag raising ceremony!

**Saturday, June 4 at noon**

Let's raise the Pride Flag in Japantown in honor of Queer Transgender Asian Pacific Islander Week and Pride month!

For more info: [sfjacl@yahoo.com](mailto:sfjacl@yahoo.com)  
<https://bit.ly/joinjtownsrainbow>



**Sponsored by:**



**J A C L**  
San Francisco Chapter





# BCA Announcements

## **Job Announcement**

Buddhist Churches of America has an immediate opening for an Administrative Assistant with the option to work at either the national headquarters office at 1710 Octavia Street, San Francisco, or at the Jodo Shinshu Center in Berkeley, CA.

This full-time nonexempt position reports to the Director of Operations. Responsibilities include, but are not limited to, administrative support for the Director of Operations, preparations for national meetings, light accounting support, and receptionist duties such as handling incoming phone calls and emails to the national headquarters / forwarding to the appropriate staff person and processing the daily mail.

Regular business hours are Monday through Friday, 8 a.m. to 5 p.m. though some evening and weekend hours may be required.

Requirements:

- High School diploma, bachelor's degree or some college preferred
- 2-3 years prior experience in a similar capacity
- Strong interpersonal, oral, and written communication skills
- Ability to exercise discretion and maintain confidentiality
- Experience working with Microsoft Office, Google Workspace, and Adobe Acrobat
- Excellent organizational skills

The Administrative Assistant interfaces with the general public, BCA staff, BCA lay leadership, ministers, and temple leaders throughout the national organization as well as leaders from affiliated organizations and other global Jodo Shinshu Hongwanji-ha overseas districts. The ideal candidate will have the ability and flexibility to work well in a dynamic professional environment, to take initiative while working within the chain of command, and to meet critical deadlines.

Familiarity with the BCA national organization is desirable but will train. Experience using other Adobe software such as Photoshop and InDesign as well as having Japanese language skills are all a plus though not essential.

For more information of if you are interested in applying, contact Gayle Noguchi, Director of Operations, at [gnoguchi@bcahq.org](mailto:gnoguchi@bcahq.org), subject line "Job." This position is open until filled.

Employment with Buddhist Churches of America is at will. Salary commensurate with experience. BCA provides a full benefits package that includes paid leave, medical benefits, and retirement plan. Free parking provided at the BCA Headquarters office.

# BCA

Buddhist Churches  
of America

# VIRTUAL

— O B O N D A N C E —

AUGUST 14, 2022 @ 2PM (PT)



**Broadcast on CBE Youtube Channel:**

<https://tinyurl.com/cx4wb6s6>



# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

*Sunday, June 5, 2022*  
9:30 am

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for  
*June.*

Takeshi Ariyoshi	Edward Masashi Kurokawa	Kishichi Saito
Tom Tsugio Daikai	Hisako Irene Mitsuyasu	Mine Saito
Toshio Doi	Mitsugi Miyasaki	Motomi Sakamoto
Jiro Fujii	Niichi Miyasaki	Sayo Sameshima
Norma Fujikawa	Tomojiro Mizusaki	Nobuyuki Sasaki
Akio Fujinaga	Eddie Naoto Morimoto	Ichitaro Shigematsu
Umeyo Fujioka	Bert Morinaka	Yumi Shigematsu
Joseph Fukuda	Kinuko Morinaka	Kinichi Shiromoto
Yoshio Fukunaga	Chiyoko Morita	Sana Sumisaki
Hiroko Goto	Bunji Morita	Yoshibe Sumisaki
Hisao Hamachi-Brillon	Barbara Morita	Asano Tanabe
Masako Haraguchi	Nobuo Muramoto	Yoshijiro Tanabe
Toi Hata	Ren Muramoto	Tadashi Tanaka
Sono Hataye	Betty Fujiko Nakahara	Gary Morio Toji
Chiyoko Hishida	Shimo Nakamura	Don Takao Ueda
Hisayo Hooki	Gonkichi Nakano	Asaki Umawatari
Giichi Imada	Toshiyuki Nakano	Tayeko Waki
Takeyo Inouye	Shika Nishikawa	William Masao Waki
Richard Itaya	Heihachi Oda	Thomas Wakida
Shiki Ito	June Miho Okimoto	Waichi Watamura
Masao Iwawaki	Mitsuko Okimoto	Toshiko Watanabe
Kaz Izumi	Setsuko Onitsuka	Toyoko Oda Williams
Tome Kaneko	Hajime Ota	Katsuyo Yamada
Fiona Quynh Kato	Haruno Oto	Arthur Satoshi Yamada
Marlene Keen	James Shozo Oto	Toru Yokoyama
Mitsunori Komure	Sueko Powers	Sumiko Yokoyama

The service will also be live streamed at: <https://www.berkeleybuddhisttemple.org/dharma-live>

Note: If there are any additions, corrections, or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.

# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

*Sunday, July 3, 2022*  
9:30 am

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for *July*.

Motoharu Doi	Albert Shigeru Kosakura	Masayo Oda
Walter Akio Doi	Helen Chisaye Kurakazu	Grace Oki
Yumiko Fujii	Pamela "Sam" Lovelace	Hayato Okimoto
Miyoko Fukunaga	Ishizo Matsubara	Heizo Oshima
Yasuko Unemo Goto	Suematsu Matsubara	James Pankey
Hisao Hamachi	Akie Matsui	Claire Plouffe
Seijiro Hamamoto	Shinobu Matsuura	Hideo Bob Sasaki
Shigeo Haraguchi	Asako Horimoto Mayeda	Etsuko Steimetz
Keiji John Hiraga	Toshiko Miyamoto	Tomoe Sugawara
Denichi Hiraoka	Tsuyoshi Morita	John Shigekazu Sugihara
Noe Hirofuji	Keiji Morita	Masami Takano
Naoichi Hirofuji	Masaru Morita	Ayako Tanaka
Yasuyo Takano Hoki	Tsuya Mukai	Yotaro Tominaga
Ayako Honda	Pearl Toshie Nagafuji	Hitoshi Tsufura
Kawaya Imada	William Juto Nagareda	Larry Shigeo Tsuyuki
Masanobu Iwaihara	Ruby Natsuko Nakano	Setsuko Uchiumi
Inokichi Kaneko	Yoshiko Mae Nakao	Tamiye Umawatari
George Katayama	Miyeko Nehira	Toshio Yamasaki
Gordon Toshiro Kono	Leroy Nitta	Carolyn Yoshiko Yoshii

The service will also be live streamed at: <https://www.berkeleybuddhisttemple.org/dharma-live>

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# Membership & Toban

## **2022 Membership Pledges** (Receiving Period: 4/8/2022 – 5/5/2022)

The temple would like to gratefully acknowledge the following members for their generous contributions:

Miki Adachi	Chui Liu & Douglas Lum
Tory Cox	Maya Murashima & Paul Yonemura
Eric & Mary Lindquist	Vicki & Gene Chin
Ron & Janet Cordova-Miyake	Amy & Sady Hayashida
Sachiko Yamasaki	Pam Matsuoka
Russell & Irene Asao Wells	Opal Wakayama
Chiyoko Fujinaga	

## **New Members**

We'd like to welcome new members, Tory Cox and Chui Liu & Douglas Lum. We'd also like to welcome a couple of new college members, Ava See and Masumi Santana-Ando,

### **Here's a little bit about Tory Cox:**

*I am 57 years old, I have studied Buddhism at University of Toronto a long time ago, when I moved to the bay area I have attended a few services as a visitor at the Berkeley Buddhist Temple. I have also attended public seminars at the IBS. During quarantine I regularly attended online services, and my son started attending as well. I am a special education teacher who works in Hercules. I am married and have one 15-year-old son Alden. I thought I should start contributing to the temple. Thank you.*

### **Here's a little bit about Chui Liu and her family:**

*I learned about Sangha during my high school years through friends who were members of the temple. I remember going to service and really enjoying some of the lessons taught. Till this day, I rely on Buddhist teachings to help me get through tough times.*

*Douglas Lum, my husband, grew up with the San Jose Buddhist Temple, so he is very familiar with the teachings along with the programs offered.*

*Due to our positive experiences, we wanted to offer the same for our children - Nathan and Kori Lum. We reached out to Erin Kagehiro and asked her about the Dharma school offering. Both her and Mimi quickly helped us get in touch with Stacy who was very inviting for the boys to join Sunday Dharma school via Zoom. After several months of attending online service and school, we decided to check it out in person and see how the boys will like it. They loved it. So "voila" here we are! And we're very excited to be here.*

**Here's a little bit about Ava See:**

*My name is Ava and I'm from southern California. I moved up to Berkeley five years ago to attend school at the university, and though I've had a long and difficult relationship with academia -- before and after I moved to Berkeley -- my experiences outside of school have been extremely memorable and amazing. I enjoy meeting new people and I love being on my feet! I currently volunteer at the Berkeley Food Network and I read with elementary school kids. I love walking around and I can easily walk 6-10 miles within a day! If I'm not doing any of those other things, you might find me at Lake Merritt on Friday nights spinning fire! Given that I am finally graduating from the university soon, I have been having my own self-doubts about the future and I thought that BBT could help me be more emotionally prepared for the future. I struggle a lot with living in the present and just enjoying life for what it is rather than paying attention to what it isn't. The temple isn't too far from where I live, as I had always walked past it, and I thought I should stop by. Thank you again for being so welcoming!*

If you have any questions, please contact Mimi Kagehiro at [membership@berkeleybuddhisttemple.org](mailto:membership@berkeleybuddhisttemple.org) or 510-841-1356.

# TOBAN

Coordinators - Lena Yin & Pat Takeda

May	June	July
<p>Chair - Don Hamasaki            Cochair - Judy Fujimoto            Cochair - Barbara Hedani-Morishita</p> <p>Flamenco, Jenna            Fujimoto, Bill &amp; Judy            Hamasaki, Don &amp; Joanie            *Hiraoka, Yo            Ito-Taylor, Dean &amp; Lori Suzuki            Kato, Vernon &amp; Karen            Kuwahara, Rev Kiyō &amp; Hitomi            Miyake, Ron &amp; Janet Cordova            Morishita, Leroy &amp; Barbara Hedani            Okano, Steven            *Okī, Sadao            Okimoto, Joyce            Palacios, Stephen &amp; Sabouri, Nina (TX)            Taylor, Rumi            Ware, Russell</p>	<p>Chair - Emi Nakao            Cochair - Lorene Nakagiri            Cochair - Karen Sugiyama</p> <p>*Fong, Pauline            Galecki, Michelle            Gwaltney, Jon            Matsuda, Ryan            *Matsunaga, George &amp; Emi            Mayeda, Andy &amp; Lisa            *Mayeda, Fumi            *Nagareda, Catherine            Nakagiri, Gary &amp; Lorene            *Nakao, Aki &amp; Emi            Okamura, Kay            Sugiyama, Karen            Tagawa, Craig &amp; Helen            *Watamura, Terry            *Wolfe, Yasuyo            *Yedlosky, Yae</p>	<p>Chair - Mimi Kagehiro            Cochair - Denise Lapidus            Cochair - Susan Kajiwara</p> <p>Bond, Aaron &amp; Lorin            Din, Grant &amp; Rosalyn Tonai            Egawa, Janey            McCurley, Kyle            *Harano, Yasuko            Haratani, Dale            Kagehiro, Ron &amp; Mimi            Kagehiro Anoruo, Erin            *Kajiwara, Susan            Lapidus, Denise            Ledwith, Grace            Lethridge, Nikki            *Nakagawa, Ittsei &amp; Kiriye            *Ota, Emi            Oshima, John            Ueda, Geri            *Yasumoto, Liane</p>

*\* Denotes disabled and/or elderly. Toban duty optional.*



# Condolences

Berkeley Buddhist Temple expresses condolences and deep sympathy

To the Family of  
Mrs. Sadako Delcollo  
November 1, 1940 – April 28, 2022

Namo Amida Butsu

Namo Amida Butsu

Namo Amida Butsu



SADAKO  
OKINO  
DELCOLLO

WE INVITE YOU TO  
COMMEMORATE THE  
LIFE & PASSING OF  
SADAKO  
SATURDAY, MAY 28  
10 A.M.

RECEPTION TO FOLLOW

Virtual option via Zoom

Berkeley Buddhist Temple  
2121 Channing Way  
Berkeley, CA

The family has extended an invitation to the temple members.

*There will be a reception to follow with outdoor seating. We respectfully ask those attending to wear a mask. We are currently working on a virtual option via Zoom or live streaming and a link will be provided closer to the date of the service. Parking may be a little challenging, so we recommend carpooling as much as possible.*

*In lieu of flowers, please consider a donation to the Berkeley Buddhist Temple. Sadako was a long time member and loved the temple and its community. Donations can be made online via their website or via check, mailed to the temple.*

Berkeley Buddhist Temple  
2121 Channing Way  
Berkeley, CA 94704  
(510) 841-1356

<https://www.berkeleybuddhisttemple.org/donate>



# Memorial Service Schedule



## 2022 MEMORIAL SERVICE SCHEDULE

The following is a list of special service years.  
 If you have a departed relative who has passed away  
 in any of the listed years,  
 and would like to make arrangements  
 for a memorial service,  
 please contact Rev. Kuwahara at [\(510\) 841-1356](tel:5108411356).

<u>YEAR</u>	<u>SERVICE</u>
2021	1 <sup>st</sup> Year
2020	3 <sup>rd</sup> Year
2016	7 <sup>th</sup> Year
2010	13 <sup>th</sup> Year
2006	17 <sup>th</sup> Year
1998	25 <sup>th</sup> Year
1990	33 <sup>rd</sup> Year
1973	50 <sup>th</sup> Year
1923	100 <sup>th</sup> Year

## Announcement

The Golden Gate Mausoleum & Columbaria (located within the Sunset View Cemetery) only allows artificial flowers starting in May to provide a safer, cleaner and pest free environment.

Thank you for your understanding.

<https://www.gqmc.life/>

## Services

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

### Special Services

January 1 Service	Gantan-e	New Year's Day
February	Nehan-e	Nirvana Day
March	Ohigan	Spring Equinox
April	Hanamatsuri	Flower Festival
May	Gotan-e	Birthday of Shinran
July	Kangi-e	Obon
September	Ohigan	Autumn Equinox
November Memorial	Hoonko	Shinran Shonin
December	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

## Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

## Monthly Discussions

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

## Visitor Information

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

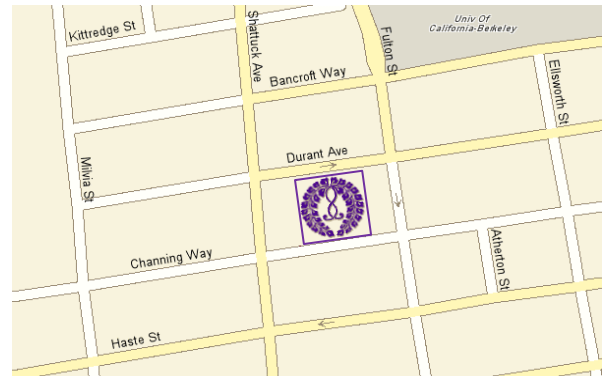
Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

## Membership Information

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a [Membership Form](#), have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our



[Registration](#) page, or contact our [Membership Chair](#).

### Berkeley Buddhist Temple

2121 Channing Way  
Berkeley, CA 94704

Office Hours  
Monday – Friday  
10:00am – 1:00pm

[510-841-1356](tel:510-841-1356)

[info@berkeleybuddhisttemple.org](mailto:info@berkeleybuddhisttemple.org)

[berkeleybuddhisttemple.org](http://berkeleybuddhisttemple.org)

[facebook.com/berkeleybuddhisttemple](https://facebook.com/berkeleybuddhisttemple)

[youtube.com/berkeleybuddhisttemple](https://youtube.com/berkeleybuddhisttemple)