

# September 2021 Berkeley Buddhist Temple Newsletter

# **Web-Edition**

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# **Guidelines:**

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Please cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

Email submissions to padma@BerkeleyBuddhistTemple.o rg

# **COVID-19 News**

Thank you to the BBT COVID-19 Response Committee for their constant vigilance and care. They help to keep our temple and its members safe! Committee members are: Rev. Kuwahara, Bradley Menda, Rumi Taylor, Judy Kono, Robin Mcguire, Jeff Nagafuji, and Ryan Matsuda.

Please see their latest announcement in the President's letter on page 9. Information can also be found on the webpage:

Berkeleybuddhisttemple.org/covid19.

# The Padma IDEA SPACE



Hello Sangha members,

We are looking for fresh input to this monthly newsletter: questions, suggestions, insights, essays, artwork, photos, poetry, recipes...

What inspires you? Do you have something to share with the sangha? Submit your ideas to: <a href="mailto:padma@BerkeleyBuddhistTemple.org">padma@BerkeleyBuddhistTemple.org</a> with "Padma article" in the subject line.

Gassho.

The Padma Editorial Board

#### Our Vision

A Community Where Our Spiritual Life And True Self Can Be Realized

#### Our Mission

To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# September 2021

# the Padma



BERKELEY BUDDHIST TEMPLE 21			121 CHANNING WAY, BERKELEY, CA 94704			
SUN	MON	TUE	WED	THU	FRI	SAT
Berkeley Buddhist Temple ( berkeleybuddhisttemple.org info@berkeleybuddhisttemp facebook.com/berkeleybudd youtube.com/berkeleybuddh	le.org histtemple		1	2	3	4
5	6	7	8	9	10	11
9:30a Livestream - Dharma Family Service Dharma School Begins 2nd Sunday Social	13	7:00p Board of Directors Meeting	7:00p Meditation	16	17	18 Padma Articles Due
9:30a Livestream - Dharma Family Service	20	Padma Newsletter Production	22	23	24	25
9:30a Livestream - Dharma Family & Fall Ohigan Service	27	28	29	6:30p Dharmanar		



# **Dates to Remember**

A U G	Thurs 26 Aug	Virtual BBT Dharmanar
S E	Sun 12 Sep	Livestream First Day of Dharma School 2nd Sunday Social
P T	Wed 15 Sep	Virtual Evening Meditation
E - M B -	Fri <b>24</b> Sep	Livestream College Welcome Night
E R	Sun <b>26</b> Sep	Livestream Fall Ohigan Service
	Thu 30 Sep	Virtual BBT Dharmanar
O C T	Sun 10 Oct	Virtual Virtual Video – 110 Years of Berkeley Buddhist Temple

BBT Dharmanar Monthly Online Study Session

AUG. 2021 TOPIC

# Buddhism & Mental Health

We will have a special presenter, Drew Glass, as well as Rev. CJ Dunford and MA John Mullins.

Thu. Aug 26, 6:30 - 8PM

RSVP here:

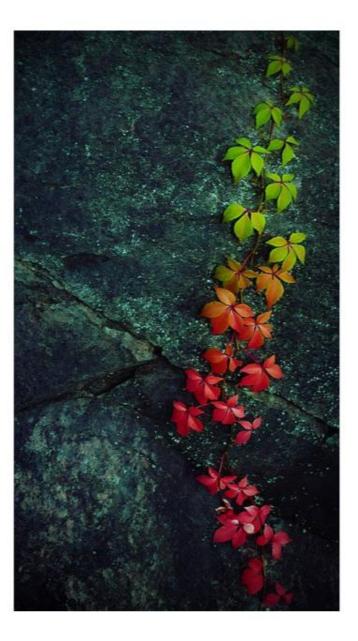
https://engage.berkeleybuddhisttemple.org/dharmanar



www.berkeleybuddhisttemple.org

# Evening Meditation . & Discussion





Wednesdays: 9/15, 10/6, 10/20, 11/3, 11/17, and 12/1, 2021

7 - 8PM

Zoom

# RSVP:

https://engage.berkeleybudd histtemple.org/meditation

# Questions:

info@berkeleybuddhisttemp le.org (510)841-1356

Join us for an evening of silent meditation led by our minister, Rev. Kuwahara. Everyone is welcome and no prior experience needed. We will have a short discussion after.



# YOU'RE INVITED TO THE FALL KICK-OFF SECOND SUNDAY SOCIAL



Sunday, September 12th, Right After Service Visit https://engage.berkeleybuddhisttemple.org/social to join on Zoom! (Link to Bingo will be given out on BINGO Sunday)

Join us for a fun time for the whole family playing BINGO!
And reconnect with your BBT Sangha!
It is FREE to play and there are PRIZES to win...
so, see you on the 12th and good luck to you!



# Fri. September 24th @6:30PM

# All are welcome!

This is a zoom event to welcome college aged young people to the temple.

There will be a short service, introductions, an ice breaker led by Nikkei Student Union of UC Berkeley and then games with prizes! Hope you can join us!

# Sigh up here:

https://engage.berkeleybuddhisttemple.org/collegenight

Berkeley Buddhist Temple 2121 Channing Way, Berkeley CA 94704 1(510)-841-1356 info@berkeleybuddhisttemple.org

berkeleybuddhisttemple.org



Please join us on Sunday, October 10th, for a virtual historical video presentation to celebrate 110 years of Berkeley Buddhist Temple!



Bento will be available for sale online with proceeds funding our Keiro appreciation program.

Drive-through pickup of pre-ordered bento.

Drive-through pickup of pre-ordered bento.

Complimentary bento for Keiro members!

New BBT-branded furoshiki/kitchen towels will be available for sale online with proceeds funding temple programs.



More details to come soon!

Please see the Padma and email announcements.

Donations to the Temple are always appreciated.



**∢**Scan here to donate now!

# August 2021 COVID-19 Update Temple Closure Extended Until October 1, 2021

Dear Temple Members and Friends,

The health and well-being of temple members is of utmost importance to the Board of Directors. During the July 25th General Membership meeting, we shared plans to re-open the temple for in-person activities on September 12, 2021. With recent increases in COVID-19 Delta variant cases and the continued fluid nation of the pandemic overall, we have decided to extend the closure of the temple for an additional month. The temple's Coronavirus Response committee has continued to meet on a monthly basis and will continue to do so indefinitely as long as the virus continues to pose a health threat to our temple community.

On June 15, 2021, the State of California fully reopened, and in doing so eliminated the Blueprint for a Safer Economy tier system (purple, red, orange, and yellow). The temple's Coronavirus Response committee developed reopening guidelines based off of this now retired tiered system. Wishing to use objective data to inform our reopening decisions, the committee will now use the Level of Community Transmission metric from the Centers for Disease Control and Prevention (CDC). This metric helps us better understand the rate that the virus is spreading within the community and consists of four tiers: Low, Moderate, Substantial, and High. The table below shows the status of the temple based on each tier.

	CDC Red: High Transmission	CDC Orange: Substantial Transmission	CDC Yellow: Moderate Transmission	CDC Blue: Low Transmission
Temple Status	Closed	Open for Limited Activities	Open for Limited Activities	Open
Temple Office	Open In-person (as needed, employees only)	Open In-person	Open In-person	Open In-person
Sunday Service	Online Only	In-person w/precautions	In-person w/precautions	In-person
Temple Onsite Events Indoors	Not Permitted	Not Permitted (except for Sunday Service)	Not Permitted. Special Requests Considered	Permitted
Temple Onsite Events Outdoors	Not Permitted	Not Permitted. Special Requests Considered	Permitted w/precautions	Permitted
Funerals/Memorial/ Special Services	Online or Outdoors	In-person w/precautions	In-person w/precautions	Permitted
Dharma School	Online Only	In-person w/precautions	In-person w/precautions	Permitted

### **Our Plan Going Forward**

We are hopeful with the increased accessibility to COVID-19 vaccines, that community spread of the virus will eventually decrease. Our goal is to resume in-person activities, but only when it is safe to do so. The temple's Coronavirus Response committee will proactively monitor data provided by the CDC on a

monthly basis to determine when it is safe to reopen the temple. On or around the 15th of each month, we will inform you whether or not the temple will remain closed or will reopen the following month.

Public health rules and regulations are constantly evolving. Our reopening guidelines will continue to be revised on an ongoing basis. We appreciate your patience, understanding, and flexibility as the temple adjusts to the requirements set forth to ensure that you remain safe at in-person events. For the latest status of the temple and to learn more about our reopening guidelines and permitted activities in each tier, visit our COVID-19 update page: <a href="https://berkeleybuddhisttemple.org/covid19">https://berkeleybuddhisttemple.org/covid19</a>

Please feel free to reach out to me or any temple board member should you have any questions/concerns about this message. If you have any specific questions or concerns that you want addressed by the Coronavirus Response committee, please contact us at <a href="mailto:covid-19@berkeleybuddhisttemple.org">covid-19@berkeleybuddhisttemple.org</a>

I wish each of you a healthy and safe summer. Please continue to stay safe and healthy.

Gassho,

President, Berkeley Buddhist Temple

Bradley Menter



# Cannot Read Letters but Can Read a Buddhist Sutra

by Rev. Kuwahara



In the spring of 2020, the BCA Center for Buddhist Education, in response to the restrictions imposed by the COVID-19 pandemic, developed an online seminar called S.O.F.A. (Seminar Online for All). There are two online lectures a month given by wonderful speakers. If you are interested in the S.O.F.A. lecture series, please check the schedule on the website of the Center for Buddhist Education, Lecture videos from the past can be seen on YouTube. [ https://www.youtube.com/c/BCACenterforBuddhistEducation/featured ]

On August 7th, I gave a S.O.F.A. lecture on the Three Pure Land Sutras with Rev. Kusunoki of the Seattle Buddhist Temple. The Three Pure Land Sutras are the essential scriptures for Jodo Shinshu Buddhists because they

expound on Amida Buddha, Pure Land, Primal Vow, and Nembutsu practice. Rev. Kusunoki talked about chanting the Sutras, and I talked about the teachings. At the end of my lecture, I shared a story of a Jodo Shinshu follower in Japan which illustrates how to read Buddhist sutras and listen to Dharma messages. I think this story is very important for all of us.

The follower's name was Shoma. He was a peasant who lived in the 19th century in Sanuki, currently Kawaga Prefecture in Japan. He deeply listened to the Dharma and enjoyed the Nembutsu teaching. Because of his appreciation of Jodo Shinshu Buddhism and his way of life as a Nembutsu practitioner, he was famous in his village. However, some people were envious of his reputation. One of them was the assistant minister of Shoma's affiliated temple.

One day, this assistant minister tried to humiliate Shoma in the presence of other members. He opened the Larger Sutra, one of the Three Pure Land Sutras, and asked Shoma to read it, knowing that he could not read or write. Furthermore, the part that he asked Shoma to read contained many difficult Chinese characters. However, keeping his composure, Shoma received the Sutra book and held it up. Some people started giggling, because Shoma held the book upside down. Without paying any attention to their giggles, he started reading in a loud voice, "Shoma, I will save you! I will save you!". Closing the book, he said with a smile to the assistant minister, "This is what is written in this Sutra."

When I first read this story, I thought "Wow!". I was totally impressed with Shoma. In the Larger Sutra, there is no sentence in which the Buddha directly says "I will save you! I will save you!". The Larger Sutra expounds how Bodhisattva Dharmakara became Amida Buddha and has been trying to compassionately embrace all beings. Although he was illiterate, through his long years of deep listening, Shoma grasped the essence of the Sutra. He heard the Amida Buddha calling, "Shoma, I will save you! I will save you!".

Rennvo Shōnin, the 8th spiritual leader of the Jodo Shinshu tradition, once said: "Although some read Buddhist sutras, they don't read them. On the other hand, although some cannot read Buddhist sutras, they read them." I know this sounds a little confusing, but this is what he meant: even if we can read the letters, if we don't hear the core message of the sutra, we haven't read it. Even if we don't know how to read the letters, if we hear the core message from the Buddha, we have read the sutra.

It is important to understand the teachings by reading or listening to the words. However, it is more important to grasp the Buddha's core message behind the words. Once we come to read the Buddhist sutras and listen to Dharma messages in that way, we will deepen our appreciation of the teachings and get the most from them.

In gassho (palms together), Rev. Kiyonobu Kuwahara



# The CDC Causes Confusion in the Chicken Coop

by Diane Ames

Chicken Little's relatives were arguing again at a family picnic which Chicken Little had insisted be held outdoors and which he was now wondering, for more reasons than one, whether he should have agreed to come to at all. "Dad couldn't come. He's having a bad day with the long Covid," said Uncle Chanticleer's cocky young son, Chanticleer Junior. "And before you, Little, use that to segue into urging masks and vaccinations, why the \_\_\_\_ should *I* get vaccinated? Covid doesn't hurt the young, and now the CDC says I can still get it and be contagious if I'm vaccinated, so what's the \_\_\_\_ing point?"



"Besides, I read on Fowlbook that the vaccine will make me magnetic and cause me to be kidnapped by the flying saucer people," said Chicken Little's sister, Henrietta

"And why should I wear a mask now when I'm vaccinated?" said Aunt Chickie.

"Does this CDC have any idea how uncomfortable a chicken is with a mask over her beak?"

"WE'RE CONFUSED! AND IT'S YOUR FAULT!" everyone squawked at Chicken Little. Feathers flew until Chicken Little's protective gandharva flew up on his feathered wings and declared, "Listen! If you'll all roost a safe distance from each other and listen, I'll explain why and how you should protect yourself and others from Covid, as Buddhist compassion requires you to do." Freaked out by the appearance of a gandharva,, they complied.

"First," said the gandharva, "CDC advice has changed because the virus has changed. This delta variant can put young adults in the hospital if they're not vaccinated. Also, it's one of the most contagious viruses known, probably because it causes its victims to breathe out a regular tsunami of viruses to attack people. If the tsunami attacks you and you aren't vaccinated, you're likely to catch Covid. But if you're fully vaccinated, you're three to five times less likely to be infected [according to a UCSF study]. However, sometimes this delta storm is so strong that it overwhelms even a vaccinated immune system, as happened to hundreds of vaccinated tourists in Provincetown who had spent a week without masks in crowded bars and concerts full of wall-to-wall viruses. Even if this happens to you, you're very unlikely to get hospitalized or die, but you may feel ghastly and can infect others. Long Covid has been reported in some such cases. A mask will help you vaccinated chickens to avoid this by reducing the viruses you inhale or, for that matter, exhale. So will avoiding crowds, especially indoors. And remember that there are times when impermanence has an upside; epidemics always eventually end."

Berkeley Buddhist Temple

# **Dharma School Welcome Letter**

2021-2022 School Year



Welcome to a new Dharma School year! We hope that your families had a healthy and hopeful summer.

After weighing the results of the year-end and summer surveys and recent COVID developments, the Dharma School Staff decided to take a kind of middle path with the schedule. From September through December, we **wanted** to alternate between inperson and Zoom classes.

However, we are in sync with the larger Temple's COVID planning and will need to have Zoom classes for the entire month of September.

The other very impactful change is that Mimi Kagehiro Sensei officially has retired, and we thank her for over 20 years of amazing service to BBT families! We will miss you, Mimi Sensei!

Fortunately, Joyce Oishi Sensei will absorb the preschool through second graders into one elementary school class. We will make sure that the youngest learners have an

experience developmentally appropriate for them.

We are living during a time with direct lessons about uncertainty and impermanence, and we welcome your feedback and reflections as we continue to adjust to the times.

Namo Amida Butsu.

### 2021 - 2022 Calendar

Note: The in-person classes are subject to change to Zoom if the COVID infection rate is in the CDC's red zone. We will send updates monthly.

9/12/2021	Zoom	DF Service / Dharma School Begins
9/19/2021	Zoom	DF Service
9/26/2021	Zoom	DF Service / Fall Ohigan
10/3/2021	Zoom	DFS/October Shotsuki / Eitaikyo
10/10/2021	In-person?	DFS / Eitaikyo (moved to 10/3) / Keiro Kai
10/17/2021	Zoom	DF Service/Interfaith Panel
10/24/2021	In-person?	DFS/Eshinni & Kakushinni
10/31/2021	Zoom	DF Service
11/7/2021	In-person?	DFS/November Shotsuki
11/14/2021	Zoom	DF Service
11/21/2021	In-person?	DF Service
11/28/2021	Zoom	DF Service / Hoonko Service
12/5/2021	In-person?	DFS / Bodhi Day/ Shotsuki

# **COVID Safety Measures**

- Masks and hand sanitizing required
- Temperature checks
- Open windows and air filters
- Social distancing of three feet, when possible
- No on-campus eating or drinking

# **Contact Us**

#### bbtdharmaschool@gmail.com

- Stacy Uyeda, Superintendent
- Joyce Oishi, PS 5th grade
- Irene Asao-Wells, 6th 8th grade
- Karen Kato, 9th 12th grade
- Akemi Hamai, Substitute
- Lena Yin, Treasurer
- Judy Kono, Advisor
- Rev. Kiyonobu Kuwahara, Minister
- Bradley Menda, Temple President



# **Community Outreach**

# **Berkeley Buddhist Temple Virtual Food Drive Progress Report**

LETS KEEP GOING DOU



# Donate to the Alameda County Food Bank BBT Virtual Food Drive!

The BBT Community Outreach Committee is organizing a virtual food drive for the Alameda County Food Bank (ACFB) from July 20, 2021 to August 31, 2021.

Each \$1 you donate will equal \$14 of food for families who need it! Times have been tough for many families in Alameda County and there are less donations during the summer. You can help make a difference! Thank you for your support!





**BBT Goal: \$1,000** 

### Donate here:

https://www.vfd-accfb.org/grouphome.aspx?ID=7885



# Each \$1 you donate = \$14 of food!!

- ACFB says that \$1 = \$7 of food!!!
- We will apply for the BCA matching Grant (up to \$3000)!



# **2021 Membership Pledges**

The Temple would like to gratefully acknowledge the following members for their generous contributions for the period 7/16/2021 - 8/12/2021:

# Judy and Bill Fujimoto

Thank you all for your generosity and continuing support!

If you have any questions, please contact Mimi Kagehiro at membership@berkeleybuddhisttemple.org or 510-841-1356.

# BCA

# EXHIBIT

# **BCA Artists of All Ages**

Submit your artwork to share with members of our BCA community.
All submissions are due by 8/15/21 and will be approved by the committee.
Please click the registration link for more info:

https://tinyurl.com/4urhwz4x

SEPTEMBER 19 - 26, 2021

www.buddhistchurchesofamerica.org



# **BCA - CBE**

### FREE & OPEN TO THE PUBLIC ~ REGISTER FOR ZOOM LINK

BCA Center for Buddhist Education

# **2021 CBE Seminars Online For All**

FALL: SEPTEMBER ~ NOVEMBER

SATURDAYS, 11 AM - 1 PM (PACIFIC TIME)

Explore topics in Jodo Shinshu Buddhist doctrine, practice & culture

SEPTEMBER 18 & SEPTEMBER 25

REGISTER ONLINE https://forms.gle/ zQVGSZExuniMYCvwz SHINJIN - Part 1 & Part 2

Rev. Dr. David Matsumoto

President, Institute of Buddhist Studies



OCTOBER 16

REGISTER ONLINE https://forms.gle/ RIXbVsVgauJcpnpH8 JODO SHINSHU MODERNITY

Dr. Galen Amstutz

Adjunct Faculty, Institute of Buddhist Studies



OCTOBER 23

REGISTER ONLINE https://forms.gle/ V7MunamG2Rtmscik7 *日本語セミナー* 本願のこころ ワンドラ 睦

オレンジ郡仏教会 開教使

Japanese Seminar: Hongan no Kokoro Rev. Dr. Mutsumi Wondra

Japanese Seminar:

Jodo Shinshu wo tatoeru to?

Rev. Kiyonobu Kuwahara



OCTOBER 30

REGISTER ONLINE https:// forms.gle/6PxLrRudinuQQghz6 CBE Every Day Buddhism Committee presents

THE THREE POISONS
Rev. Marvin Harada

Bishop, Buddhist Churches of America (BCA)



NOVEMBER 13

REGISTER ONLINE https:// forms.gle/8XXe4kRcTaVNQh58A 日本語セミナー

浄土真宗をたとえると?

垂順 油信

バークレー仏教会 開教使 \* マリン仏教会 開教使



NOVEMBER 20

REGISTER ONLINE https://forms.gle/ REAsxvfArT4YZrAng KOICHI'S KITCHEN

Koichi Mizushima

Guest Chef/ CBE Youth Program Coordinator



QUESTIONS? EMAIL: CBE@BCAHQ.ORG PHONE: (510) 809-1460

DONATIONS ARE WELCOME! PLEASE NOTE "CBE/SEMINAR DATE" IN DEDICATION BOX

REGISTER AT **WWW. BUDDHISTCHURCHESOFAMERICA.ORG/BUDDHIST-EDUCATION**OR, <u>DOWNLOAD THIS FLYER IN PDF\_FORMAT TO ACTIVATE REG LINKS</u>



# The Three Pure Land Sutras Chanting Marathon August 28, 2021



The Jodo Shinshu International Office (JSIO) is pleased to bring you all three of the Pure Land Sutras!

Please join us for this special live-stream event where we will have the rare opportunity to listen to all three pure land sutras chanted in their entirety. This event is ONE DAY ONLY and will not be posted to YouTube after, so please don't miss it!

Chanting books can be purchased through Hongwanji Place so you can also chant along!

Dharma talks will also be given in between each segment.

**Event Details** 

Date: August 28, 2021 Time:12pm-4pm (pst)

Link: https://www.youtube.com/channel/ UCijuxSD8fVWZQDksMZa5HOg

Romanized chanting books can be ordered at Hongwanjiplace. hongwanjiplace.com

If you have any questions, please contact: office@jsinternational.org

#### Chanting Leaders

Rev. Katsuya Kusunoki,

Rev. Tadao Koyama,

Rev. Kerry Kiyohara,

Rev. Satoshi Tomioka,

Rev. Vuika Hasabe,

Rev. Ryuta Furumoto,

Rev. Voshimichi Ouchi,

Rev. Etsuko Mikame,

Rev. Ryoei Nanjo,

Rev. Kiyonobu Kuwahara

# Dharma Talks by

Rev. Ko'e Umezu

Rev. Enrique Galvan-Alvarez

Rev. Isabelle Bernard

The Jodo Shinshu International Office presents:

# Intersections of identity: Buddhist, Asian-American, and Young Adult



Rev. Matt Hamasaki



Juliet Bost (they/them/theirs)



Devon Matsumoto, MSW



KC Mukai, Young Buddhist Editorial

Saturday, August 21 at 11am Pacific

Join us for the conversation on the Clubhouse app by going to this link



Hosted by the
Jodo Shinshu Buddhism Club
on Clubhouse



# **Services**

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

#### Special Services

January 1	Gantan-e	New Year's Day	
Service			
February	Nehan-e	Nirvana Day	
March	Ohigan	Spring Equinox	
April	Hanamatsuri	Flower Festival	
May	Gotan-e	Birthday of Shinran	
July	Kangi-e	Obon	
September	Ohigan	Autumn Equinox	
November	Hoonko	Shinran Shonin	
Memorial			
December	Jodo-e	Bodhi Day	
December 31	Joya-e	Year End Service	

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

# **Dharma School**

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

# **Monthly Discussions**

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

# **Visitor Information**

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

# **Membership Information**

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a <u>Membership Form</u>, have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our <u>Registration</u> page, or contact our <u>Membership Chair</u>.



# **Berkeley Buddhist Temple**

2121 Channing Way Berkeley, CA 94704

Office Hours Monday – Friday 10:00am – 1:00pm

510-841-1356

info@berkeleybuddhisttemple.org berkeleybuddhisttemple.org facebook.com/berkeleybuddhisttemple youtube.com/berkeleybuddhisttemple