



# The Padma



October 2022

Berkeley Buddhist Temple Newsletter

Web Edition

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## Guidelines:

The Padma welcomes articles from sangha members.

Articles should be around 500-600 words typed. Word documents are best; PDF documents are discouraged.

Please include your name, a title for the article, and include any photos. Cite references if quotes are used.

Articles will be reviewed for content and length, and should contain information relevant to Buddhist teachings, the Berkeley Buddhist Temple, and/or the Buddhist Churches of America. Publication will be at the discretion of the editorial board.

Email submissions to [padma@BerkeleyBuddhistTemple.org](mailto:padma@BerkeleyBuddhistTemple.org).

## The Dharma Anchor



Watch the YouTube video of the first service of the new Dharma School year to hear how the wisdom of Amida Buddha is the anchor that helps us withstand the turbulence of life. [Dharma Family Service 2022 09 11](#)

Our Vision  
A Community Where Our Spiritual Life and True Self Can Be Realized

Our Mission  
To Live A Life Of Joy In The Nembutsu And Share The Dharma With Others

# October 2022

# the Padma



**BERKELEY BUDDHIST TEMPLE**

**2121 CHANNING WAY, BERKELEY, CA 94704**

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>1</b>
<b>2</b> <b>9:30a</b> In person & Livestream Dharma Family and Shotsuki Memorial Service <b>10:30a</b> Virtual Yoga	<b>3</b>	<b>4</b>	<b>5</b> <b>7:00p</b> Meditation & Discussion	<b>6</b>	<b>7</b>	<b>8</b> <b>Keiro Bento Delivery</b>
<b>9</b> <b>9:30a</b> In person & Livestream Dharma Family and Keiro kai Service	<b>10</b>	<b>11</b> <b>7:00p</b> Board of Director's Meeting	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> <i><b>Padma Articles Due</b></i>
<b>16</b> <b>9:30a</b> In person & Livestream Dharma Family Service Interfaith Panel <b>10:30a</b> Virtual Yoga	<b>17</b>	<b>18</b> Padma Newsletter Production	<b>19</b> <b>7:00p</b> Meditation & Discussion	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b> <b>9:30a</b> In person & Livestream Dharma Family and Eshinni/Kakushinni Service	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>6:30p</b> Dharmanar	<b>28</b>	<b>29</b>
<b>30</b> <b>9:30a</b> In person & Livestream Dharma Family Service	<b>31</b>				<b>Berkeley Buddhist Temple (510) 841-1356</b> <a href="http://berkeleybuddhisttemple.org">berkeleybuddhisttemple.org</a> <a href="mailto:info@berkeleybuddhisttemple.org">info@berkeleybuddhisttemple.org</a> <a href="https://facebook.com/berkeleybuddhisttemple">facebook.com/berkeleybuddhisttemple</a> <a href="https://youtube.com/berkeleybuddhisttemple">youtube.com/berkeleybuddhisttemple</a>	



# Future Dates to Remember

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Thu  
**29**  
Sept  
**Online Study Session**  
BBT Dharmanar (Topic: Mindfulness)

Sun  
**2**  
Oct  
**Livestream & In-person**  
Eitaikyo / Shotsuki Memorial Service  
Virtual Yoga

Wed  
**5**  
Oct  
**Virtual**  
Meditation & Discussion

Sun  
**9**  
Oct  
**Livestream & In-person**  
Keiro kai Service

Sun  
**16**  
Oct  
**Livestream & In-person**  
Interfaith Panel  
Virtual Yoga

Wed  
**19**  
Oct  
**Virtual**  
Meditation & Discussion

Sun  
**23**  
Oct  
**Livestream & In-person**  
Eshinni Kakushinni Service

Thur  
**27**  
Oct  
**Online Study Session**  
BBT Dharmanar (Topic: TBD)



## Minister's Message by Rev. Kuwahara



***“Those who have been born first guide those who come later, and those who are born later join those who were born before”***

To become a Kaikyoshi overseas minister in our Jodo Shinshu tradition requires rigorous training. *Tokudo* ordination is followed by *Kyoshi* certification, and both of these training sessions are held in Japan. However, COVID-19 travel restrictions have made travel to Japan very difficult. For the first time in history, the Hongwanji agreed to hold a *Kyoshi* Certificate Training Session outside of Japan, and it was held at the Jodo Shinshu Center in Berkeley from August 21<sup>st</sup> to 30<sup>th</sup>.

Eleven candidates participated in this 10-day session: 9 from the North America District (BCA), 1 from the Hawaii District and 1 from the Canada District. One of them was our assistant minister Rev. CJ. I participated in all of the activities as a staff of the Jodo Shinshu International Office (JSIO), which is another position of mine.

Waking up at 5:30 am, the *Kyoshi* candidates maintained a demanding schedule of activities until the lights-out at 11:00 pm. They received lectures, had discussions on various topics, conducted services, delivered Dharma messages, and practiced rituals and chanting. One instructor came from Japan to give the detailed instructions for rituals and chanting. Other instructors joined from Japan over Zoom and gave their lectures despite the time difference. Of course, ministers from the BCA, Hawaii, and Canada districts, and IBS faculty also took part as lecturers and instructors. Thanks to the support of many people and the great efforts of the candidates themselves, this historic *Kyoshi* Certificate Training Session was completed successfully.

During the session, I gave three 30-minute Dharma talks. In my second talk, I recounted my own *Kyoshi* training session 23 years ago, and shared a hand-written script for a Dharma message I prepared as one of the requirements of my training. My third talk was given on the morning of the last day. It began with the following from Ven. Shinran's main work *True Teaching, Practice and Realization of the Pure Land Way* (Jpn. *Kyogyoshinsho*):

I have collected true words to aid others in their practice for attaining birth, in order that the process be made continuous, without end and without interruption, by which those who have been born first guide those who come later, and those who are born later join those who were born before.

*(Collected Works of Shinran, p. 291)*

Ven. Shinran quoted it from the *Passage on the Land of Happiness* by T'ao-cho (562-645), an eminent Chinese Pure Land Buddhist master and one of the Seven Masters of the Jodo Shinshu tradition. That Ven. Shinran concluded his masterwork, *True Teaching, Practice and Realization of the Pure Land Way*, with this passage is significant.

The eleven *Kyoshi* candidates have joined Ven. Shinran and many other Nembutsu followers who have come before them. With the *Kyoshi* Certificate Training, they have deepened their dedication and appreciation of the Jodo Shinshu teachings, and as Jodo Shinshu ministers, they will guide those who will come later. In this way the process continues, and more people will encounter and appreciate the teachings in the future.

In gassho (palms together),  
Rev. Kiyonobu Kuwahara



# “When It’s Us Who Are Grilled on Labor Day”

by Diane Ames

“You’ve heated San Rafael up to 108 degrees!” I wailed to the climate goddess, who was spending Labor Day behind a barbeque grill on which she was grilling California to medium rare. “Is this necessary?”

“Of course it wasn’t necessary!” she replied. “You humans didn’t have to poison me with greenhouse gases, and you didn’t have to ignore my protests. I’ve desiccated Africa and melted Greenland. I’ve half-drowned several small island nations and flooded most of Pakistan. And what did you do about it? Too little, too late! So I decided to make a bit of a fuss right here in your so-called developed world.”

“So what do you expect us to do? We haven’t got a practical way to take all that carbon dioxide and methane back out of the air!”

“You could at least stop digging the hole you’ve dug for yourselves! All you need is some effective international cooperation.”

“Then we’re doomed!”

“Not necessarily. Remember the Buddha’s teachings. Reject despair; it’s one of Mara’s traps. Reflect that in this deeply interdependent world, where people only exist in dependence on a livable climate and on each other, humanity can only survive if you all survive together. If only everybody comes to realize that, you should be able to work things out. You must believe that when the chips are down (and they are), everybody is capable of seeing that much light.”





# Temple News

Berkeley  
Buddhist Temple



## **Estate Planning Webinar for the Benefit of Berkeley Buddhist Temple**



**Thursday, October 13th, 2022 - 6-7pm on Zoom!**

Come join us to learn about ways you can make charitable contributions to the Berkeley Buddhist Temple through a trust, will, IRA and/or life insurance. Hear from experts in the field and ask questions:

Trust Attorney - Kurt Ribbjerg

Life Insurance Broker - Amy Lai

**[Register Here! Zoom Information will be Provided!](#)**

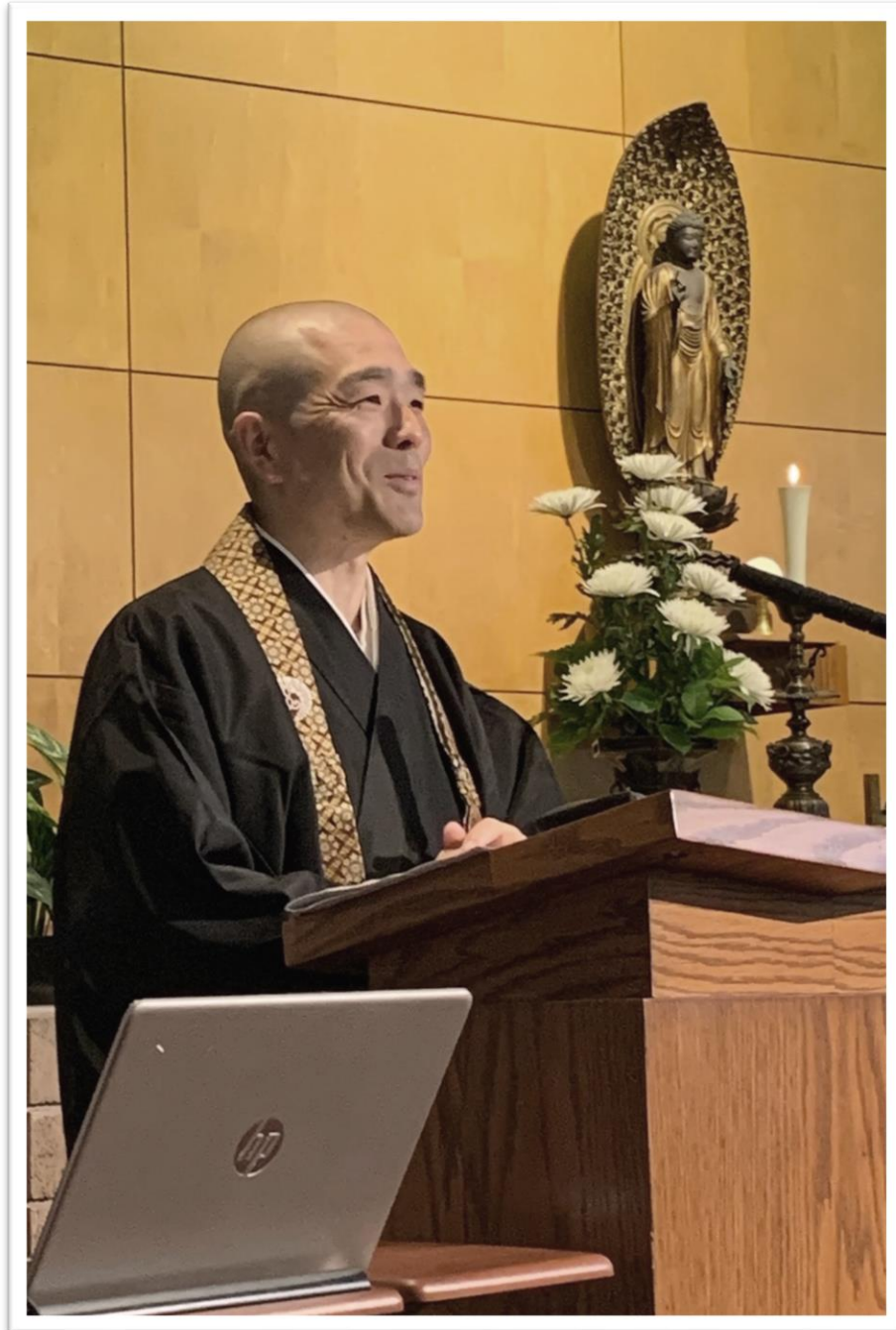
Questions: Please email [fundraising@berkeleybuddhisttemple.org](mailto:fundraising@berkeleybuddhisttemple.org)

**[Registration Link](#)**

# Welcome Back!

On Sunday, September 11<sup>th</sup>, the Berkeley Buddhist Temple welcomed its members and guests to the first in-person service of the new Dharma School year. The hondo, courtyard, and the social hall buzzed with activity as we rejoiced in each other's company.

*Look how happy Rev. Kuwahara was to address a full house !*







*Singing aloud allowed !*



*Breaking the ice across generations...*



*Social time !*

# **Thank You for Attending BBT A's Game and Tailgate!**

A big “Thank You” to all of the more than 50 Sangha members, family members and friends who attended the Aug. 21 Oakland A's game and tailgate!

And thank you for letting out a loud scream when the A's scoreboard posted its welcome to — Berkeley Buddhist Temple!

The last game and tailgate was in 2019, and it was great to see so many familiar faces after far too long a time. And, wow, the Dharma School students all grew up in that time — students like Sean Lyon, Parker and Tiegan Nagafuji, Kiki Taylor, and Madison Potter.

There were also a few grandchildren, all who were born after the last tailgate in 2019. It was wonderful to see them all.

And, judging by the reaction of those attending, the event was a big hit — sun, fun, and, the maybe the biggest surprise of them all — an Oakland A's win, 5-3, led by star rookies pitcher JP Sears and catcher Shea Langeliers.

“It was such a fun event and great to see everyone in person,” said Rumi Taylor. “Can't wait for the next time!”

A big shoutout to Rumi Taylor and her family for picking up the 50 Musashi bento orders and arriving early and sorting each and every order.

Thanks go to Jon Kawamoto for organizing the overall event: the group ticket sales, the Musashi bento orders, and setting up the tailgate area.

We hope to have a BBT Oakland A's game and tailgate — in 2023!

Enjoy the photos on the next page.



BBT Sangha members let out a huge cheer in reaction to seeing Berkeley Buddhist Temple on the Oakland A's scoreboard. (Courtesy of Grant Din)



The BBT Sangha members, friends and supporters are enjoying the Oakland A's game. (Courtesy of Jon Kawamoto)



The Oakland A's welcome Berkeley Buddhist Temple on the team's scoreboard. (Courtesy of Jon Kawamoto)



Don H. carries his 1-year-old granddaughter during the Oakland A's game on Aug. 21. (Courtesy of Jon Kawamoto)



# BBT Dharma School Newsletter

## October 2022

Welcome back to Dharma School!  
We've had a great start to Dharma School! Thank you, Joyce, Irene, Karen, and Akemi Sensei, for helping us focus on Shinran Shonin this year. Here are some photos from our fun icebreaker on September 11th:



In accordance with BBT guidelines, the Dharma School is pleased to announce that we will conduct **all classes in person** until further notice!



Sunday, 10/2/2022	Regular Dharma School classes
Sunday, 10/9/2022	Regular Dharma School classes
Sunday, 10/16/2022	MS & HS attend Interfaith Panel; PS-5th attend regular classes
Sunday, 10/23/2022	Regular Dharma School classes
Sunday, 10/30/2022	Dharma School Halloween Party



## BBT Halloween Party

Let's celebrate Halloween and El Día de los Muertos together on **Sunday, October 30**, during **regular Dharma School hours!** Halloween costumes are encouraged but not required to join the fun!!





# Community Outreach & BLEND

Pictures speak louder than words. So, here are some photos of two of our recent events.

## Oakland Pride – September 4, 2022

Members of the Berkeley Buddhist Temple and the Buddhist Church of Oakland took the opportunity to share the Dharma with the greater community on what turned out to be the hottest day (almost) of the year!



## BBT College Welcome Night – September 16, 2022

For the first time in over two years, we were able to host approximately 30 college students in person. Rev. CJ led a short service with KC Mukai as the guest speaker. This was followed by an ice breaker, a game, and to-go food... most of which was consumed on premises.





# BCA Announcements



INSTITUTE OF BUDDHIST STUDIES PRESENTS  
THE 2022 NUMATA LECTURE

## RECEIVING AND GIVING: BUDDHIST WOMEN PAST, PRESENT AND FUTURE

A public lecture by Dr. Paula K. R. Arai,  
Institute of Buddhist Studies  
With Respondents Rev. Dr. Mutsumi Wondra  
and Dr. Vanessa R. Sasson  
Moderated by Dr. Nancy G. Lin

**OCTOBER 14**  
**1:00PM TO 3:00 PM PACIFIC TIME**  
**HELD IN CONJUNCTION WITH THE**  
**ANNUAL FBWA MEETING**



Register online for zoom link at <https://www.shin-ibs.edu/events/>

BCA Center for Buddhist Education  
Living The Dharma (formerly Every Day Buddhism) Committee Presents:



## FINDING THE ANTIDOTE TO IGNORANCE THE THIRD OF THE THREE POISONS

**Saturday, October 29, 2022**

**11:00 am – 1:00 pm (PT)**

**Guest Speakers:**

### Rev. Blayne Higa: The Jodo Shinshu Antidote to Ignorance



Rev. Blayne Higa is the Resident Minister of the Kona Hongwanji Buddhist Temple in Kealahou, Hawaii. He holds a Master of Divinity from the Institute of Buddhist Studies with a focus on Shin Buddhist ministry and chaplaincy. He received Tokudo ordination and Kyoshi certification from the Jodo Shinshu Hongwanji-ha. He is the Chair of the Committee on Social Concerns and Ministerial Training Committee for the Honpa Hongwanji Mission of Hawaii. He also serves on the Board of the American Civil Liberties Union of Hawaii and Vibrant Hawaii.

### Chenxing Han:

### Buddhist Antidotes to Racial Prejudice and Ignorance



Chenxing Han is the author of *Be the Refuge: Raising the Voices of Asian American Buddhists* and the forthcoming book *one long listening: a memoir of grief, friendship, and spiritual care*, both with North Atlantic Books. Chenxing holds a BA from Stanford University, an MA in Buddhist Studies from the Graduate Theological Union, and a certificate in Buddhist chaplaincy from the Institute of Buddhist Studies. She is a co-teacher of Listening to the Buddhists in Our Backyard at Phillips Academy Andover, and a co-organizer of May We Gather: A National Buddhist Memorial for Asian American Ancestors.

Moderator: Rev. Marvin Harada

Registration

<https://forms.gle/vGe49tkifaupJPyE8>

Donations gratefully accepted

Click to Donate <https://bca.kindful.com/> Scroll campaigns to select CBE  
(Donations are processed by BCA Endowment Foundation)

Visit [buddhistchurchesofamerica.org](http://buddhistchurchesofamerica.org) email: [cbe@bcahq.org](mailto:cbe@bcahq.org) or phone: 510.809.1460



# Community Announcements

In celebration of Keiro no Hi, respect for the elders day

## 11th Annual J-SEI Family Festival

SUNDAY, SEPTEMBER 25, 2022



11am - 12pm Meet Illustrator Felicia Hoshina

A pre-event book talk; sharing of her new releases (For in-person or online RSVP, contact jill@j-sei.org)



12 pm - 2:30 pm (An Outdoor Mini Festival) • 1285 66th Street, Emeryville CA

### Entertainment

Sakura Kai Taiko • Sentimental Strummers • Daruma no Gakko & J-Sei Intergern Choir

### Food & Fun

Hikari Farms • My Friend Yuji • Ox & Tiger  
Always Aloha Shave Ice Co. • Eastwind Books

For menu and bento orders: <https://tinyurl.com/2022JseiFamilyFest>

More Hands-on Activites to come!

All attendees must show Proof of Vaccination and Booster.  
Masks are required except when eating.



**Okaeri**  
- A NIKKEI LGBTQ+ COMMUNITY -

## SAVE THE DATE:

**Okaeri is coming to the SF Bay Area!**  
**Saturday October 8th, 2022 1:00-3:00 PM**

Okaeri will co-host its first San Francisco Bay Area event at the Japanese Cultural and Community Center of Northern California. Come out to meet other folks and share with us what kind of programs you'd like to see in 2023. The event is free and refreshments will be provided.

**Register at: [bit.ly/okaerisfjtown](https://bit.ly/okaerisfjtown)**

*Okaeri is an opportunity for you to connect with LGBTQ+ Japanese/Japanese Americans and allies. Find support, resources and information and learn how Nikkei have embraced their LGBTQ+ family members.*



This event is cosponsored by JCCNC and Berkeley JACL. Okaeri is fiscally sponsored by LTSC.



# COMBINED DHARMA FAMILY SERVICE & SHOTSUKI MEMORIAL SERVICE

*Sunday, October 2, 2022, 9:30 AM*

Live Stream: <https://www.berkeleybuddhisttemple.org/dharma-live>

The following persons will be remembered during the Shotsuki Hoyo (monthly memorial service) for *October*.

Dorothy Ariyoshi	Matthew Uehisa Koblick	Etsuko Onizuka
Walter Clough	Shigeru Kubota	Gotaro Ota
Joycelyn Crumpton	Kazuko Long	Asami Kawachi Oyama
Jean Mieko Doi	Meriko Maida	Jane Takako Richofsky
Matsu Fujii	Masao Maki	Kameyo Sasaki
Nancy Sumiko Fukumori	Tatsuyo Marubayashi	Yukichi Sasaki
Misao Handa	Ariya Masuda	Toshiko Sasaki
Rev. Taigan Hata	Grace Masui	Ryotaro Shimada
Tatsuo Hataye	Sakae Masunaga	Rima Takemori
Stephen Hedani	Frank Hidemi Matoba	Risuke Takemori
Loralee Tucker Hiramoto	Shizuye Matsumoto	Asa Tanaka
Kiichi Hiramoto	Han Mayeda	Kiroku Teshima
Jitsuro Hiramoto	Noboru Bill Morita	Namie Kusaba Tsuda
Dean Hiraoka	Jun Morita	Mamoru Ueda
Riku Honda	John Noriyoshi Muranishi	Tsutomu Uyesugi
Denman Honda	Richard Nagareda	Abe Saburo Watamura
Jack Yoshiyuki Imada	Chiyoko Nakagaki	Suenobu Yamasaki
Kiyo Inouye	Kiyoto Nakagawa	Shizuye Yamasaki
Arthur Akira Iwata	Yei Nakahara	Haru Yamashita
Doris Marie Kami	John Yoshiro Nakahara	Kazue Yamashita
Hiroshi Kanda	James Shizuo Nakashita	Fumi Yokoyama
Hiroshi Kashiwagi	Reiji Nakaso	William Kiyoyasu Yokoyama
Seiichi Kawamoto	Taeko Oda	Katsuzo Yonekura
Soeko Kawamoto		

Note: If there are any additions, corrections, or deletions to the above list, please notify the Berkeley Buddhist Temple at 510-841-1356.



# Membership & Toban

## 2022 Membership Pledges (Receiving Period: 8/9/2022 – 9/8/2022)

The temple would like to gratefully acknowledge the following members for their generous contributions:

Bill & Judy Fujimoto  
Akemi Hamai & Amy Haruyama

If you have any questions, please contact Mimi Kagehiro at [membership@berkeleybuddhisttemple.org](mailto:membership@berkeleybuddhisttemple.org) or 510-841-1356.

## TOBAN

Coordinators - Lena Yin & Pat Takeda

September	October
Chair - Pat Takeda Cochair - Carol Akiyama Cochair - Christina Iwasaki  Akiyama, Bob & Carol *Daikai, Georgia Fields, Jackson Griffin, Craig & Linda Kurokawa, Aiko Lyon, David & Christina Iwasaki *Nakabayashi, Jim Oliva, Nicole *Sano, Harold & June Takeda, Pat Takeda, Sandra Takeda, Scott Vassall, Edythe (HI) *Wakayama, Opal *Yamashita, Marrie	Chair - Maya Murashima Cochair - Ron Hiraga  Abney, Saya (GA) *Fujinaga, Chiyoko Green, Michael & Melanie *Hayashida, Sady & Amy Hiraga, Ron & Gayle Nishikawa Kawamoto, Jon Lewis, Kaz Murashima, John & Irene Nagafuji, Jeff & Lucy Rivello *Nagafuji, Jerry *Ota, Emiko *Shinoda, Makiko Tanaka, Ron & Carol Uyemura, Keith Yonemura, Paul & Maya Murashima

*\* Denotes disabled and/or elderly. Toban duty optional.*



# Condolences

Berkeley Buddhist Temple expresses condolences and deep sympathy

To the Family of  
Mr. Donald Matsubara  
October 12, 1927 – September 2, 2022

A service in memory of Mr. Donald Matsubara will be held  
on Saturday, October 1, 2022, at 10:30am at the Berkeley Buddhist Temple

Namo Amida Butsu

Namo Amida Butsu

Namo Amida Butsu



## 2022 MEMORIAL SERVICE SCHEDULE

The following is a list of special service years.  
If you have a departed relative who has passed away  
in any of the listed years,  
and would like to make arrangements  
for a memorial service,  
please contact Rev. Kuwahara at [\(510\) 841-1356](tel:5108411356).

<u>YEAR</u>	<u>SERVICE</u>
2021	1 <sup>st</sup> Year
2020	3 <sup>rd</sup> Year
2016	7 <sup>th</sup> Year
2010	13 <sup>th</sup> Year
2006	17 <sup>th</sup> Year
1998	25 <sup>th</sup> Year
1990	33 <sup>rd</sup> Year
1973	50 <sup>th</sup> Year
1923	100 <sup>th</sup> Year

## Services

Our regular Sunday program begins with a Chanting Service at 8:30am followed by a Family Service at 9:30am. A Dharma talk is available after the Family Service while Dharma School classes are convened for students.

### Special Services

January 1 Service	Gantan-e	New Year's Day
February	Nehan-e	Nirvana Day
March	Ohigan	Spring Equinox
April	Hanamatsuri	Flower Festival
May	Gotan-e	Birthday of Shinran
July	Kangi-e	Obon
September	Ohigan	Autumn Equinox
November Memorial	Hoonko	Shinran Shonin
December	Jodo-e	Bodhi Day
December 31	Joya-e	Year End Service

A Shotsuki Hoyo (Monthly Memorial) Service is held the first Sunday of each month.

## Dharma School

Our Dharma School (Sunday School) has classes from preschool through high school. Our teachers are happy to discuss the appropriate level of spiritual enrichment for your student.

## Monthly Discussions

In our discussions, we strive to experience the Buddha-Dharma with our entire selves – with our bodies (quiet sitting and other forms of meditation), voices (chanting and other liturgy) and minds (study and discussion).

Our sessions focus on ways in which Buddhist teaching and practice can impact our everyday lives. Each session will take up a different topic and you are welcome to attend any or all sessions.

All interested persons are welcome to attend.

## Visitor Information

Please feel free to ask any of our greeters for information. We are here to assist you with whatever level of participation you may be seeking.

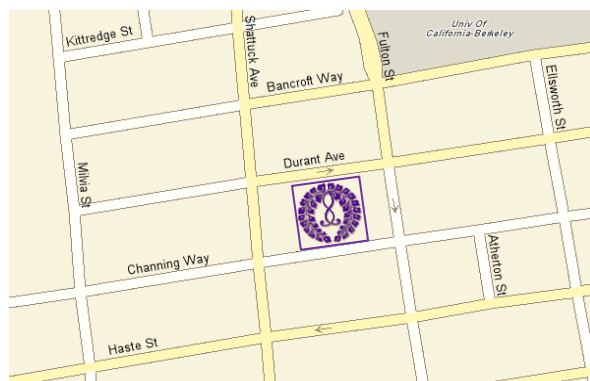
Whether you are here to satisfy a slight interest or to make a more personal connection, we wish you well and hope that you will be visiting us again soon.

## Membership Information

Membership is open to all who view the Temple as their spiritual home and seek the Buddha-Dharma.

Kindly complete a [Membership Form](#), have your name entered in the membership roll and support the Temple through a pledge and participation.

For more information about becoming a member, visit our



[Registration](#) page, or contact our [Membership Chair](#).

### Berkeley Buddhist Temple

2121 Channing Way  
Berkeley, CA 94704

#### Office Hours

Monday – Friday  
10:00am – 1:00pm

[510-841-1356](tel:510-841-1356)

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